

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY/SAT/SUN
	<b>1</b> Coalesce II (FC-13) 12 noon Brain Tumor Group (FC-11) 4:30 pm Children's Educational Support Program (ILH-ROC) 6:30 pm Gyrokinesis (SAL) 7:30 pm Living with Breast Cancer (SAL)	<b>2</b> 5:15 pm Children's Educational Pgm (FC) 5:30 pm Breast Cancer Group (IFHC) 6:30 pm Teens' Meet and Eat (FC-13) 6:30 pm Women's Support Group (ILH-ROC) 7 pm Melanoma Group (FC-13)	<b>3</b> CanSurvive(Tyson-Pimmit) 10 am Gentle and Restorative Yoga (ILH-ROC) 11:30 Gentle Yoga, con'd. (FC-11) 1:30 Gentle Yoga, con'd. (FC-11) 2:30 pm A Tour of Care (FC-12) 3 pm Family, Friends & Caregivers (IFH-CC) 6:45 pm Look Good...Feel Better (ILH-ROC)	<b>4 FRIDAY</b> Coalesce I (IFHC)
<b>7</b> 5:30 pm On My Own (FC-13) 7 pm Mini Med School (FC-11)	<b>8</b> 10:30 am Spirituality Quest (FC-12) 4:30 pm Children's Educational Support Program (ILH-ROC) 6 pm Young Women with Breast Cancer (IAH-CCW) 6:30 pm Gyrokinesis (SAL) 6:30 pm Man to Man (LCSC) 6:30 pm After Cancer ... (FC-11) 7 pm You are Not Alone (IFOH) 7:30 Prostate Cancer Group (PCC) 7:30 pm Living with Breast Cancer (SAL)	<b>9</b> 10:30 am Finding Your Way with Clay (Studio) 10:30 am Diet, Exercise and Healthy You (FC-12) 2 pm Chair-based Exercise (FC-8) 3 pm Keeping Fit (FC-8) 5:15 pm Children's Educational Pgm(FC) 5:30 pm Lung Cancer Group (FC-12) 5:30 pm Head and Neck Group (IFHC) 7 pm Breast Cancer Group (SAL) 7 pm Head & Neck Cancers (ILH-BR) 7 pm Lymphedema Group (FC-12) 7 pm Family, Friends & Caregivers (IFH-CC)	<b>10</b> CanSurvive(Tyson-Pimmit) 10 am Gentle and Restorative Yoga (ILH-ROC) 11:30 Gentle Yoga, con'd. (FC-11) 1:30 Gentle Yoga, con'd. (FC-11) 2:30 pm A Tour of Care (FC-12) 7 pm Leukemia Group (FC-12) 7 pm Parent Grief Group (FC-13)	<b>11 FRIDAY</b> Coalesce I (IFHC) 10:30 pm Writing your Way to Wellness (FC-12)
<b>14</b> Reiki by Afternoon and Evening Appointment (FC-11) 2 pm Chair-based Exercise (FC-8) 3 pm Keeping Fit (FC-8) 4:30 pm Guided Meditation (FC-12) 5 pm Good Grief for Children (FC) 6:30 pm Ripples of Cancer (ILH-BR)	<b>15</b> Coalesce II 11:45 am Multiple Myeloma Group (FC-11) 4:30 pm Children's Educational Support Program (ILH-ROC) 6 pm Prostate Cancer Group (IAH-CCW) 6:30 pm Gyrokinesis (SAL) 6:30 pm Spiritual Supp Grp (ILH-ROC) 6:30 pm After Cancer ... (FC-11) 7 pm Mini Med School (FC-13) 7 pm Good Grief (FC-12) 7 pm Look Good...Feel Better (FC-TBD) 7:30 pm Living with Breast Cancer (SAL)	<b>16</b> 2 pm Chair-based Exercise (FC-8) 3 pm Keeping Fit (FC-8) 5:15 pm Children's Educational Pgm (FC) 5:30 pm Breast Cancer Group (IFHC) 6:30 pm Good Grief Dinner for Teens (FC-13)	<b>17</b> CanSurvive (Tyson-Pimmit) 10 am Gentle and Restorative Yoga (ILH-ROC) 2:30 pm A Tour of Care (FC-12) 3 pm Family, Friends & Caregivers (IFH-CC) 7 pm Seminars for Survivors (FC-11) 7 pm Yoga for Cancer Patients (IAH-CCW)	<b>18 FRIDAY</b> Coalesce I (IFHC) 10:30 am Book Group (FC-12)
<b>21</b> 10 am Mindfulness Meditation (FC-12) 2 pm Chair-based Exercise (FC-8) 3 pm Keeping Fit (FC-8) 5 pm Good Grief for Children (FC) 7 pm Lymphoma Group (SAL) 7 pm Mini Med School (FC-11)	<b>22</b> 5:30 pm Breast Cancer Group (IAH-CCW) 6:30 pm After Cancer ... (FC-11) 6:30 pm Gyrokinesis (SAL) 7 pm You are Not Alone (IFOH) 7 pm Good Grief (FC-12) 7:30 pm Living with Breast Cancer (SAL)	<b>23</b> Reiki by Morning and Midday Appointment (FC-11) 1 pm Fighting Cancer with a Fork (IAH-CCW) 2 pm Chair-based Exercise (FC-8) 3 pm Keeping Fit (FC-8) 5:15 pm Children's Educational Pgm (FC) 5:30 pm GYN Group (FC-13) 6:30 pm Art Expression for Teens (FC-13) 7 pm Family, Friends & Caregivers (IFH-CC) (IFHC)	<b>24</b> CanSurvive(Tyson-Pimmit) 10 am Look Good...Feel Better (IAH-CCW) 10 am Gentle and Restorative Yoga (ILH-ROC) 10:30 am Feldenkrais (FC-11) 12:30 pm BMT/Stem Cell Transplant Group 2:30 pm A Tour of Care (FC-12) 6:30 pm Colorectal Cancer (FC-13) 6:45 pm Reiki (ILH-ROC) 7:30 pm Young Adult Group (FC-12)	<b>25 FRIDAY</b> Coalesce I (IFHC)
<b>28</b> 2 pm Chair-based Exercise (FC-8) 3 pm Keeping Fit (FC-8) 4:30 pm Guided Meditation (FC-12) 5 pm Good Grief for Children (FC) 6:30 Breast Cancer Group (ILH-ROC) 7 pm Reiki and Massage (MPB-Rm. C) 7 pm Mini Med School (FC-11)	<b>29</b> 6 pm Luzca Bien...Siéntase Mejor (FC) 6:30 pm Meditation and Imagery (ILH-ROC) 6:30 pm After Cancer ... (FC-11) 6:30 pm Gyrokinesis (SAL) 6:30 pm Meditation and Guided Imagery (ILH-ROC) 7 pm Good Grief (FC-12) 7:30 pm Living with Breast Cancer (SAL)	<b>30</b> 2 pm Chair-based Exercise (FC-8) 3 pm Keeping Fit (FC-8) 5:15 pm Children's Educational Pgm. (FC) 7 pm Knitting & Crocheting Circle (FC-11or 13) 7 pm Understanding Breast Cancer (FC-11)		