



**Become an
Inova Fairfax
Hospital Volunteer**



**INOVA[®] FAIRFAX
HOSPITAL**



Make a Difference!

- Want to meet new people?
- Are you setting an example of service for your children?
- Want a closer look at healthcare before choosing a career?
- Or is it simply time to give back?

Whatever your reason, you'll find a meaningful volunteer experience here at Inova Fairfax Hospital.

Why We Volunteer

We give our time and talents simply to help others. We do enjoy some additional volunteer benefits, too, like free parking, discounts in the cafeteria and gift shops, free annual flu shots, recognition events and access to Inova health and wellness programs.

For additional information about our program or to apply, please visit inova.org, click on **Get Involved**, then on **Volunteer**. You may also call 703-776-3447, or stop by the Volunteer Services Department in Inova Fairfax Hospital. We're open Monday through Friday, 8:30 a.m. to 5 p.m.

Join us now and make a difference!



Make a Difference!

Who We Are

Most of us who volunteer weekdays are retired—many are seniors. Some of us, however, are mothers whose children are in school, so we have some free hours during the day. Most adults working evenings and weekends work full-time or attend college.

Most of us automatically become members of the Auxiliary of Inova Fairfax Hospital, an award-winning group serving the hospital since it opened in 1960. Over the decades, our volunteers have contributed millions of hours of service.

The Auxiliary's mission also includes raising money for the hospital. Through proceeds from the hospital gift shops, off-site thrift/consignment stores and specialized sales in the hospital, the group has donated more than \$25 million since 1960. These gifts help maintain a healing environment at the hospital and improve health and promote wellness in our community.

What We Do

With so many different opportunities, you're sure to find the right role for you. Here are just some of the ways we help patients, families and nurses. Please note not all areas are available at any given time, some have prerequisites, and all require training beyond entry-level instruction.



Patient Contact

Volunteers in these service areas interact with patients, their families and staff:

- **Ambulatory Surgery Center and Gastroenterology Recovery** - Help monitor patients after procedures and assist them through discharge
- **Patient Support** - Escort patients to procedures; assist in discharging; deliver flowers, charts, patient mail, lab items
- **Hospital Elder Life Program (HELP)** – Offer attention to elderly patients to help ensure a positive outcome of their hospitalization
- **Newborn Nursery** –Provide routine, non-clinical infant care: bathing, feeding, rocking, changing and transporting babies to and from mothers' rooms
- **Total Joint Replacement Coach** – Model sound rehabilitation activities for patients and assist them to meet their own rehab goals
- **Cardiovascular Support** – Encourage patients heading either to surgery or an outpatient procedure and provide support and information to their waiting loved ones

- **Pet Visitation/Pet Therapy Programs** – Comfort patients and help improve outcomes through visits by human/pet teams.
- **Transplant Patient Support** – Assist patients with insurance and other financial concerns and with medication requirements
- **Rebuild Program** – Support, encourage and mentor patients and families challenged by spinal cord or traumatic brain injuries



Public Contact

- **Emergency Dept and Ambulatory Surgery Center Desk** – Greet visitors accompanying patients and serve as their liaison with clinical teams
- **Gift Shops** – Serve customers in our fine on-site stores, whose proceeds benefit the hospital
- **Department Offices and Health Sciences Library** - Volunteers perform tasks specific to office or library work—filing, shelving, labeling, copying, conducting Internet searches or assisting with mailings and

similar projects. Clerical opportunities exist in Health Information, Neurodiagnostics, Inova Surgery Center, Gastroenterology and other areas.



Photo courtesy of Tin Nguyen/Fairfax County Times

Offsite Services

These volunteer opportunities support hospital operations but are not located on the hospital campus.

- **Treasure Troves** – Work in the Auxiliary's thrift/consignment stores in McLean, Annandale and Springfield. Store proceeds are donated to the hospital.
- **Reach Out and Read®** - Provide books for pediatric patients and read to patients and their siblings in the Inova Pediatric Center

Inova Health System is a not-for-profit healthcare system based in Northern Virginia that consists of hospitals and other health services, including emergency- and urgent-care centers, home care, nursing homes, mental health and blood donor services, and wellness classes. Governed by a voluntary board of community members, Inova's mission is to improve the health of the diverse community it serves through excellence in patient care, education and research. Inova provides a healthy environment for its patients, families, visitors, staff and physicians by prohibiting tobacco use on its campuses.

inova.org



*Volunteer Services Department
3300 Gallows Road
Falls Church, VA 22042
703-776-3447*