



VIRTUAL MATERNITY TOUR



Welcome to The Birthing Inn!

- Choose our world-class obstetricians or certified nurse-midwives and expect the very best for you and your baby!
- Welcome your baby in our dedicated and secure maternity building -- where we blend the warmth and comfort of a home-like setting with the expertise, safety and convenience of a full-service hospital.
- Our expert, family-oriented services offer the best in maternity care and comfort, while catering to all of your needs.
- Inova Loudoun Hospital is recognized as a Magnet™ hospital -- having received the highest level of recognition for excellence in nursing services.

Learn more about our
Magnet™ and other recognition.



Tour Introduction

We dedicate ourselves to making sure our patients receive not only excellent care, but a tremendous amount of respect and compassion.

Our goal is to provide a comfortable stay for patients and welcoming services for visitors.

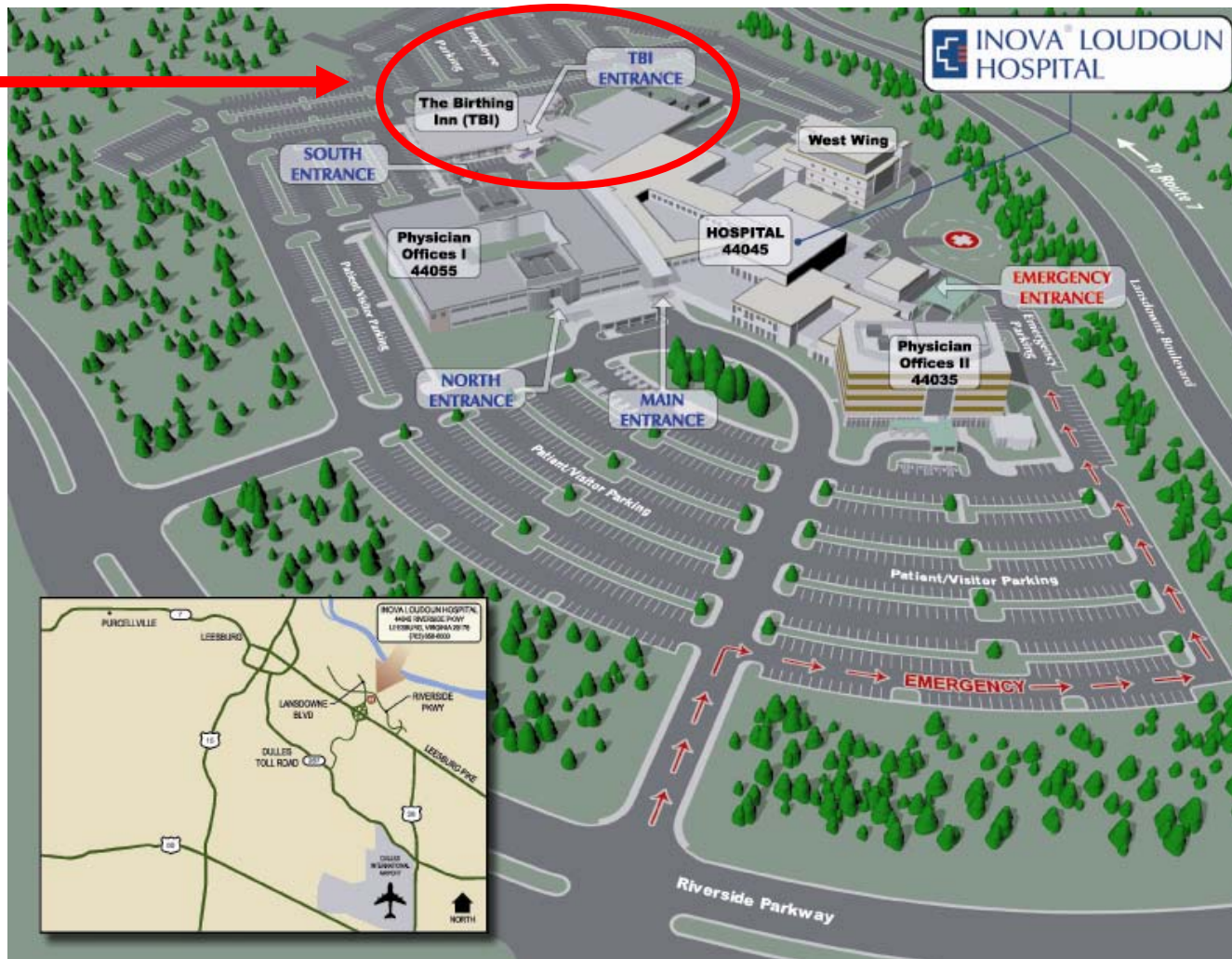


Pre-arrival tips

- Our Birth Navigator is available to you for FREE one-on-one consultations to personalize your birthing experience. Call **703-858-8936** today to schedule an appointment!
- Our Birth Registrar is available onsite to assist you with paperwork for you baby. Call **703-858-8937** to schedule an appointment today!
- Register online today for your OB admission at inova.org/obprereg! This will allow you to focus on your delivery and less on paperwork when you arrive at the hospital.
- Register for a **childbirth education class!** Classes help you learn about and prepare for labor and birth and are considered a key component of prenatal care.



Arrival & Parking – Campus Map



Arrival & Parking

- Inova Loudoun Hospital offers free and ample parking for patients and visitors
- Parking spaces are available immediately surrounding The Birthing Inn building

[Click here](#) for directions to Inova Loudoun Hospital
[Click here](#) to open our campus map



Arrival at The Birthing Inn

- Enter through The Birthing Inn main entrance
- If a representative is not at the reception desk, proceed through the double doors and use the intercom button on the left wall to gain access to the labor and delivery unit



Labor & Delivery Unit

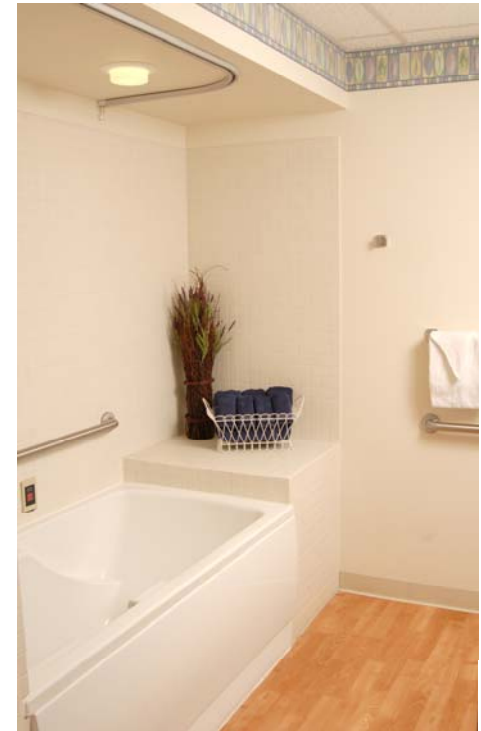


All of our labor, delivery and recovery suites are spacious and private.



Labor & Delivery Suite

- For your comfort, each of our all private suites feature the following:
 - A home-like setting, with warm and soothing décor
 - Bathrooms with relaxing soaking tubs and showers
 - A television
 - A thermostat so you can maintain the room temperature
 - A comfy sleep chair for your labor coach
 - Wireless fetal monitoring to give you complete mobility while in labor
- In-house obstetricians, available 24/7 in the event your provider cannot make it to the hospital in time
- Pain management and anesthesia services available on-site 24/7
- You may bring a birthing ball if cleared with your provider



Labor Room Procedures

- We strive to keep you and your family together during your stay at The Birthing Inn. After delivery, your baby will stay in the suite with you if you choose.
- We encourage and support skin-to-skin bonding and breastfeeding.
- Common procedures in the suite include:
 - An overall assessment
 - Erythromycin eye ointment to prevent infection
 - Vitamin K injection to help with blood clotting
 - Wiping the baby with warm blankets



Cesarean Birth

- The Birthing Inn features dedicated operating rooms, available only for C-section delivery.
- The Post-Anesthesia Care Unit is designed so mothers and newborns can remain together.
- Approximately 1-2 hours after a vaginal delivery or a C-section, mom and baby go together to a private post-partum suite.



Safety & Security

- The safety, security, health and happiness of your family are of utmost importance to us.
- All staff members wear a photo ID
- The Birthing Inn is a secure and dedicated building separate from the main hospital where patients with illnesses are cared for.



Safety & Security

- At the time of delivery, you will be identified and banded as a family unit, prior to leaving the labor and delivery unit.
- The bands will be checked every time the baby is taken to or picked up from the nursery.



Family-Centered Care



After you deliver, you'll be moved to a post-partum suite for the remainder of your stay.



Family-Centered Care – Details

- We want your first moments to be intimate and comfortable – that is why we only offer private rooms.
- Your healthy baby may room-in with you at all times. You may also take advantage of our fully staffed well-baby nursery if you desire.
- A comfy sleep chair is provided in the room for mom's significant other to spend the night.
- There are local phones in each room and calling cards can be used for long-distance calls.
- Free WiFi is provided for your convenience



Well Baby Nursery

- A well baby nursery, staffed by specially trained and compassionate staff, is available while you rest and recuperate if desired.



Level IIIA Neonatal Intensive Care Unit (NICU)

- Staffed by board-certified neonatologists and specially-trained neonatal nurses, a NICU is just steps away if your newborn needs special care.
- Our excellent NICU staff will support you in the care of your newborn and help you prepare for the day of discharge.



March of Dimes NICU Family Support

- We have partnered with the March of Dimes to provide enhanced information, education and support to families with premature and other critically ill newborns.
- A NICU Family Support Specialist is available to meet the needs of premature babies and their families throughout hospitalization and during the transition to home.
- Resources are available to link families to helpful web sites and provide education & support materials in multiple languages.
- Customized programs on support for siblings, breastfeeding a premature baby, creating special photographs in the NICU, easing the transition from the NICU to the home, and more.



Breastfeeding Support



Our Lactation Center and Boutique offers an array of breastfeeding items and accessories, including breast pumps available for rent or purchase and a variety of nursing bras and supplies.



Breastfeeding Support

- Inova Loudoun Hospital has experienced international board-certified lactation consultants available to support you.
- Lactation consultants are available to meet with you in your room to answer questions and provide hands-on help.
- Lactation consultants are also available on an outpatient basis after you leave the hospital.

Learn more about our comprehensive lactation program



Your baby's Pediatrician

- Bring your pediatrician's name and phone number with you. The labor and delivery staff will notify the doctor after the baby is born.
- The pediatrician will examine your baby within 24 hours of birth.
- If your pediatrician does not have privileges at Inova Loudoun Hospital, your baby will be examined by one of the physicians on staff. You will take your baby to your own pediatrician a day or two after discharge.
- An in-house pediatrician and on-call neonatologist are available 24 hours a day, seven days a week.
- If requested, your obstetrician will perform a circumcision



Search for one of our world-class Pediatricians

Going Home

- Make sure your car seat is properly installed and checked before arriving at the hospital. An installed car seat is a requirement for discharge.
- An appointment with a Pediatrician is recommended for discharge.
- At discharge, you will be given a dinner basket with a delicious meal for your first night home – along with a special gift for your newborn!

[Click here](#) for more information about car seats.

[Click here](#) for information on our New Moms support groups and postpartum classes.



Understanding Your Medical Bills

- Please note: Various healthcare providers such as pediatricians, neonatologists, anesthesiologists, pathologists or radiologists may be involved in the care of you and your baby, if your provider requests their services. These providers will bill you directly and separately from the hospital.
- We encourage you to call your health insurance company with questions you may have about your coverage.



INOVA® LOUDOUN HOSPITAL
WOMEN'S CENTER

Additional Resources

- [Click here](#) for Inova Online Health Information & Library Services
- [Click here](#) for the Inova Health Video Library
- [Click here](#) for Inova Loudoun Hospital Visitor Resources

