The Board of Lady Managers
Founder and Supporter of Inova Alexandria Hospital Since 1872

The Board of Lady Managers and Inova Alexandria Hospital share a long history in The City of Alexandria. The motivating force behind the establishment of Alexandria’s first medical facility was Julia Johns, daughter of the Bishop of the Episcopal Diocese of Virginia. With support of like-minded citizens, her inspiration to establish “a hospital for the sick” in Alexandria was fulfilled when in December 1872 the Commonwealth of Virginia granted a charter to the Alexandria Infirmary, which opened its doors to patients in January 1873.

Under the vision and leadership of Julia Johns, The Board of Lady Managers was formed to help establish the Infirmary and was given full responsibility for its management. The Board managed the Infirmary until 1941 when administration was turned over to a professional staff. For over 140 years, The Board has worked to build and strengthen the hospital and provide significant improvements in its medical technology and patient care.

In January 2011 Inova Alexandria Hospital dedicated its Same Day Surgery Lobby to The Board of Lady Managers “...in recognition of its inspirational commitment to the past, present and future of Inova Alexandria Hospital.”

The Board’s current pledge of $640,000 will fund two Leica OH-5 Neurology Microscopes to support the Hospital’s goal of achieving accreditation as the first Comprehensive Stroke Center in the region. Neurosurgeons use these microscopes in brain, spine and microvascular surgeries. They may also be used for coronary bypass, aneurysm, plastic and reconstructive surgeries.

Annual fundraising activities of The Board include: A Little Theatre of Alexandria benefit performance and reception; Spring Brunch at Union Street Public House; Fall Bake Sale; Fashion Show, Luncheon and Silent Auction; Sale of White House Christmas Ornaments (available in the Hospital Gift Shop); Trees of Love; and Spring/Fall Jewelry Sale.

Board members manage and volunteer in The Little Shop, the gift shop located near the Visitor Entrance of Inova Alexandria Hospital. Proceeds from the shop benefit the Hospital.

We invite you to join us at our events and to shop at The Little Shop!

For more information about The Board of Lady Managers and its fundraising activities, contact

Connie Blood, President, at connie@mybodydoctor.com.