

Oncology Rehabilitation Patient Registration Form

### PATIENT INFORMATION

Today's Date:		
Patient Name:		
Date of Birth:		
-		
PATIENT HISTORY		

#### **Physician Information**

Which doctors (primary care, oncology and/or any other) would you want to receive information about your rehabilitation:

1)			_
2)			_
3)			_
			_
History of Pres	ent Illness		
Date of cancer c	liagnosis:		_
Type of cancer:			
Stage of cancer:			

Treatment for cancer diagnosis (list what you have undergone (previous chemotherapy / radiation / surgeries), are currently undergoing, and what you expect to undergo in the future):

Do you have any other diagnoses pertinent to your condition?

List any problems you are having as a result of cancer treatment:

#### **Current Medications**

List all medications including over the counter/supplements/vitamins:

#### Allergies:

### **Past Medical History**

List any medical conditions you have that you have not already described, e.g., diabetes, high blood pressure, etc:

#### **Past Surgical History**

List any surgeries you have had in the past, including the date:

#### **Social/Functional History**

Describe your current work status and any limitations you have regarding work:

Describe your current living situation (e.g., who do you live with, what kind of dwelling do you live in, etc.):

Describe any limitations you have in your daily life or recrea	ational activities:	
Describe your current exercise regimen and any limitations	you have regarding exerc	vise:
Describe your current exercise regimen and any limitations	you have regarding exerc	cise:
Describe your current exercise regimen and any limitations		

# **Review of Systems**

Height (feet/inches):	
Current weight (pounds):	
Weight one year ago (pounds):	

\_\_\_\_

Check the box if you have or have ever had any of these problems:

Frequent fevers	Congestive heart failure	Gout
Night sweats	Bronchitis/pneumonia	Rashes/eczema/psoriasis
Unexplained weight loss	Chronic cough	Skin growths/lesions/lumps
Unexplained weight gain	COPD/emphysema	Difficulty healing
Insomnia	Snoring or sleep apnea	Fainting/dizziness
Chronic fatigue	Shortness of breath	Tremors/shakes
Daytime sleepiness	Nausea/vomiting	Tingling/numbness
Wear glasses/contacts	Hernia	Muscle weakness
Double vision	Stomach ulcers	Stroke/paralysis
Blurred vision	Jaundice/liver disease	Concussion/head injury
Glaucoma	Hepatitis	Memory problems
Hearing loss	Irritable bowel syndrome	Personality changes
Ringing in the ears	Diverticulosis	Headaches
Balance problems/vertigo	Abdominal pain	Seizures/epilepsy
Earaches/infections	Frequent urination	Nervousness/anxiety
Sinus infections	Difficulty/pain urinating	Addiction
Frequent colds/congestion	Bladder or kidney infection	Depression
Nosebleeds	Kidney disease	Psychiatric Diagnosis
Deviated septum	Neck pain	ADD/ADHD
Frequent sore throats	Mid back pain	Posttraumatic stress
Mouth ulcers, lumps, lesions	Low back pain	Psychiatric hospitalization
Loss of taste or smell	Hip/leg/knee/ankle/foot pain	Heat or cold sensitivity
Persistent hoarseness	Shoulder/arm/elbow/wrist/hand pain	Diabetes
Difficulty swallowing	Muscle aches/spasms	Thyroid disease
High blood pressure	Joint swelling/stiffness	Obesity
Heart murmur	Broken bones	Anemia
Palpitations/irr. heartbeat	Joint dislocations	Easy bruising
Leg cramps	Arthritis	Transfusion in the past
Swelling of feet or ankles	Chest pain	HIV positive/AIDS
History of blood clots	History of heart attack	

# Fatigue Symptoms

Do you have significant fatigue?	Yes	No
Do you have diminished energy?	Yes	No
Do you have an increased need to rest, disproportionate to any recent change in activity level?	Yes	No

Fatigue Visual Analog Scales

# FATIGUE SEVERITY (CIRCLE ONLY ONE NUMBER PER QUESTION)

A. Rate h 0 1 (No fatigue)	2	e your fa 3	atigue is 4	s right no 5	ow: 6	7	8	9 (Unbea	10 arable)
B. Rate h 0 1 (No fatigue)	2	e your fa 3	atigue is 4	s on you 5	ir worst 6	t day: 7	8	9 (Unbea	10 arable)
C. Rate h	ow sever	e your fa	atigue i	s on ave	erage:				
0 1 (No fatigue)	2	3	4	5	6	7	8	9 (Unbea	10 arable)

# FACTIT-F (Version 4)\*

Below is a list of statements that other people with your illness have said are important. Please circle or mark **one** number per line to indicate your response as it applies to the <u>past 7 days</u>.

#### PHYSICAL WELL-BEING

		Not at all	A little bit	Som e- what	Quite a bit	Very muc h
GP1	I have a lack of energy.	0	1	2	3	4
GP2	I have nausea.	0	1	2	3	4
GP3	Because of my physical condition, I have trouble meeting the needs of my family.	0	1	2	3	4
GP4	I have pain.	0	1	2	3	4
GP5	I am bothered by side effects of treatment.	0	1	2	3	4
GP6	I feel ill.	0	1	2	3	4
GP7	I am forced to spend time in bed.	0	1	2	3	4

### SOCIAL/FAMILY WELL-BEING

		Not at all	A little bit	Som e- what	Quite a bit	Very much
				0	0	
GS1	I feel close to my friends.	0	1	2	3	4
GS2	I get emotional support from my family.	0	1	2	3	4
GS3	I get support from my friends.	0	1	2	3	4
GS4	My family has accepted my illness.	0	1	2	3	4
GS5	I am satisfied with family communication about my illness.	0	1	2	3	4
GS6	I feel close to my partner (or the person who is my main support).	0	1	2	3	4
	Regardless of your current level of sexual activity, please answer the following question. If you prefer not to answer it, please mark this box $\Box$ and go to the next section.					
GS7	I am satisfied with my sex life.	0	1	2	3	4

# EMOTIONAL WELL-BEING

		Not at all	A little bit	Som e- what	Quite a bit	Very much
GE1	l feel sad.	0	1	2	3	4
GE2	I am satisfied with how I am coping with my illness.	0	1	2	3	4
GE3	I am losing hope in the fight against my illness.	0	1	2	3	4
GE4	I feel nervous.	0	1	2	3	4
GE5	I worry about dying.	0	1	2	3	4
GE6	I worry that my condition will get worse.	0	1	2	3	4

# **FUNCTIONAL WELL-BEING**

	Α	Som		
Not	little	e-	Quite	Very
at all	bit	what	a bit	much

GF1	I am able to work (include work at home).	0	1	2	3	4
GF2	My work (include work at home) is fulfilling.	0	1	2	3	4
GF3	I am able to enjoy life.	0	1	2	3	4
GF4	I have accepted my illness.	0	1	2	3	4
GF5	I am sleeping well.	0	1	2	3	4
GF6	I am enjoying the things I usually do for fun.	0	1	2	3	4
0 5 7	I am content with the quality of my life right	0		0	0	
GF7	now.	0	1	2	3	4

# ADDITIONAL CONCERNS

		Not at all	A little bit	Some - what	Quite a bit	Very much
HI7	I feel fatigued.	0	1	2	3	4
HI12	I feel weak all over.	0	1	2	3	4
An1	I feel listless ("washed out").	0	1	2	3	4
An2	I feel tired.	0	1	2	3	4
An3	I have trouble <u>starting</u> things because I am tired.	0	1	2	3	4
An4	I have trouble <u>finishing</u> things because I am tired.	0	1	2	3	4
An5	I have energy.	0	1	2	3	4
An7	I am able to do my usual activities.	0	1	2	3	4
An8	I need to sleep during the day.	0	1	2	3	4
An12	I am too tired to eat.	0	1	2	3	4
An14	I need help doing my usual activities.	0	1	2	3	4

An15	I am frustrated by being too tired to do the things I want to do.	0	1	2	3	4
An16	I have to limit my social activity because I am tired.	0	1	2	3	4

# Pain Symptoms

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Pain Visual Analog Scales

# PAIN SEVERITY (CIRCLE ONLY ONE NUMBER PER QUESTION)

A. Rate how severe your pain is right now:

0 (No pain)	1	2	3	4	5	6	7	8	9 (Unbeara	10 able)	
B. Rate how severe your pain is on your worst day:											
0 (No pain)	1	2	3	4	5	6	7	8	9 (Unbeara	10 able)	
C. Rate how severe your pain is on average:											
0 (No pain)	1	2	3	4	5	6	7	8	9 (Unbeara	10 able)	

#### **Distress Symptoms**

**Distress Visual Analog Scales** 

#### DISTRESS\* SEVERITY (CIRCLE ONLY ONE NUMBER PER QUESTION)

\* Distress is defined by the National Comprehensive Cancer Network as "a multifactorial unpleasant emotional experience of a psychological (cognitive, behavioral, emotional), social and/or spiritual nature that may interfere with the ability to cope effectively with cancer, its physical symptoms and its treatment.

A. Rate how severe your distress is right now:

0 (No distre	1 ess)	2	3	4	5	6	7	8	9 (Unbeaı	10 rable)
B. Rate how severe your distress is on your worst day:										
0 (No distre	1 ess)	2	3	4	5	6	7	8	9 (Unbear	10 rable)
C. Rate how severe your distress is on average:										
0 (No distre	1 ess)	2	3	4	5	6	7	8	9 (Unbeai	10 rable)

Additional information:

•	Do you have a concern for your safety from someone in your home or community? Have you fallen in the past 3 months? Do you have a concern that you may fall during daily activities?	□ Yes □ No □ Yes □ No □ Yes □ No	
Re	eviewed by Staff:	_Date:	
Сс	omments:		

### To the best of my knowledge, the above information is correct:

Patient Signature: