

Pediatric Feeding and Swallowing Center – Intake Form

Patient Name: _____ **Today's Date:** _____

Form Completed by: _____ **Relationship to client:** _____

Feeding Concerns

What is your major feeding concern? Please describe feeding problem.

What is your feeding goal(s) for your child?

Please check the following healthcare professionals that are involved in your medical care:

| | |
|--------------|-------------------------|
| Primary Care | Physician's Name: _____ |
| Pediatrician | Physician's Name: _____ |
| Other: _____ | Physician's Name: _____ |
| Other: _____ | Physician's Name: _____ |

Past Medical History: Have you ever had any of the following conditions? (check all that apply)

| | | |
|-----------------------|---------------------|---------------------------|
| ADD/ADHD | Diabetes | Osteoporosis / Osteopenia |
| Anemia | Difficulty Sleeping | Psychological Conditions |
| Anxiety | Dizziness | Seizures |
| Arthritis - Juvenile | Falls/ Near Falls | Stroke |
| Asthma | Hearing Problems | Swallowing Problems |
| Blood Clot | Heart Disease | Tuberculosis |
| Breathing Difficultly | Hepatitis | Vision Problems |
| Brain Injury | Hypertension | Other: _____ |
| Broken Bones | Insomnia | _____ |
| Cancer | Learning Disability | _____ |
| Circulation Problems | Mental Illness | |
| Depression | Migraines | |

Please check if your child has had the procedures below, and indicate date of tests and results:

| | | |
|---|-------------|----------------|
| <input type="checkbox"/> MBSS / OPMS | Date: _____ | Results: _____ |
| <input type="checkbox"/> Endoscopy | Date: _____ | Results: _____ |
| <input type="checkbox"/> Gastric Emptying | Date: _____ | Results: _____ |
| <input type="checkbox"/> pH Probe | Date: _____ | Results: _____ |
| <input type="checkbox"/> Upper GI | Date: _____ | Results: _____ |
| <input type="checkbox"/> Allergy Tests | Skin: _____ | Blood: _____ |

Please list any surgeries or other conditions for which you have been *hospitalized*, including the approximate date and reason for the surgery or hospitalization:

| Date | Surgery / Reason for Hospitalization |
|-------|--------------------------------------|
| _____ | _____ |
| _____ | _____ |
| _____ | _____ |

Are you currently taking any medications, vitamins, or supplements? Yes No

If you are attaching a medication sheet, check here:

If yes, please list all medications, dosage, and reason for taking each:

| Medication / Vitamin / Supplement | Dosage | Reason for taking |
|-----------------------------------|--------|-------------------|
| _____ | _____ | _____ |
| _____ | _____ | _____ |
| _____ | _____ | _____ |
| _____ | _____ | _____ |
| _____ | _____ | _____ |

**please make sure to notify us of any changes in medications that may occur during your treatment with us.*

Please list any allergies: _____

Describe any special diet or food intolerance:

Bowel Habits:

Frequency of Bowel Movements _____ times per day/week.

Consistency: _____ Mucous/Blood? _____

Feeding History

Breast? N Y If yes, at what age was your child weaned? _____

If currently breastfeeding, please describe schedule _____

Bottle fed? N Y Breast milk/Formula? Current formula: _____

Formula type: Powder/Concentrate/Ready-to-feed Please describe how you prepare (i.e. 4 oz water, 2 scoops powder): _____

List any previous formulas & describe tolerance: _____

Other fluids presented in bottle: _____

Solids: at what age were cereals/ baby foods introduced? _____ Any problems?

Please circle the Stages of baby food that your child ate/eats: 1st/2nd/3rd/Toddler/DICES
Any problems? _____

When were table foods introduced? _____ Any problems? _____

Does your child have any of the following? Please indicate when problem started.

Food Refusal (refusing all or most foods). Age started: _____

Food Selectivity by texture (eating only textures that are NOT age appropriate)
Age started: _____

Food Selectivity by Type (eating a limited variety of foods). Age started: _____

Oral motor delays (problems with chewing, etc). Age started: _____

Dysphagia (problems with swallowing). Age started: _____

Abnormal preferences (temperature sensitive, color specific, particular brands).
Please describe: _____

Other feeding problems: _____

Current Meal Pattern

Which meal is your child's best? _____ Worst? _____

How long does a 'typical' meal take? _____

Please List preferred foods:

Please list non-preferred foods:

Please indicate your child's typical meal schedule. Number of meals/snacks:

Timing of meals/snacks:

Describe sequence in which food/liquids are offered (i.e. liquids first):

Feeding Behavior

Does your child experience any of the following with feeding?

| | | | |
|----------------|--------|------------------------|--------|
| Choking | Yes/No | Difficulty Chewing | Yes/No |
| Gagging | Yes/No | Coughing | Yes/No |
| Vomiting | Yes/No | Overstuffs mouth | Yes/No |
| Drooling | Yes/No | Teeth Grinding | Yes/No |
| Hypersensitive | Yes/No | Penetration/Aspiration | Yes/No |
| Sweating | Yes/No | Problem with biting | Yes/No |

Other _____

Feeding Behavior

Does your child exhibit any of these behaviors at mealtimes? (Circle all that apply.)

| | | |
|---------------------|--------------------|-----------------------|
| Cries or screams | Messy | Refuses to Self-feed |
| Spits food out | Throws food | Eats too fast/slow |
| Plays with food | Picky Eater | Pushes food away |
| Does not suck | Refuses to swallow | Induces Vomiting |
| Leaves table | Wants 'down' | Refuses to open mouth |
| Eats non-food items | Clenches lips shut | Turns away from spoon |

Other: _____

Do you think your child feels hunger? Yes No

How does your child indicate hunger? _____

What do you do if your child refuses to eat/drink?

Feeding Practices

Who feeds your child?

Does your child eat better for a particular feeder? N Y Who? _____

Where does your child currently eat (circle all that apply):

- | | | | |
|----------------|-------------|-------------|------------------|
| Adult's Lap | Infant seat | High chair | Booster |
| Table/Chair | Sofa | Crib/Bed | Car seat |
| Modified Chair | Wheel chair | Tumble form | Roaming- Kitchen |

Other: _____

What feeding techniques do you use with your child to get him/her to eat? Please circle.

- | | | |
|--------------|-----------------------|------------------------------|
| Coax | Distract with TV/toys | Provide 'favorite' foods' |
| Threaten | Change meal schedule | Send to room/time out |
| Ignore | Offer reward | Force feed |
| Punish | Praise | Provide 'mini-meals' |
| Change foods | Allow grazing/roaming | Chase around house with food |

Other: _____

What does your child drink from (circle please):

- | | | | |
|--------|-----------|----------|-------|
| Bottle | Sippy Cup | Open Cup | Straw |
|--------|-----------|----------|-------|

Is your child able to self-feed? Yes No spoon fork

Is there something we did not ask, that you think would be helpful for us to know:

Signature

Relationship to child

Date

Personal Information:

Do you have any cultural or ethnic needs which you want accommodated? Yes No

Please Describe: _____

Do you or the patient have a concern for your safety from someone in your home or community?
Yes No

How did you hear about us?

- | | |
|---|---|
| <input type="checkbox"/> Word of mouth | <input type="checkbox"/> Insurance provider |
| <input type="checkbox"/> Referred by physician: | <input type="checkbox"/> Emergency Dept |
| <input type="checkbox"/> Internet | <input type="checkbox"/> Urgent Care Center |
| <input type="checkbox"/> Inova Navigator Referral | <input type="checkbox"/> Hospital |

We know you have a choice for your rehabilitation needs, thank you for choosing Inova.

