Directions to Inova Mount Vernon Hospital

From Virginia

**Via Route 1**
1. Take 95/495 (Capital Beltway – Outer Loop) toward Alexandria/Baltimore
2. Follow signs for 95/495 Local Traffic
3. Take exit 177A-177B for US-1toward Alexandria/Fort Belvoir (0.7 mi)
4. Take exit 177A South – Route 1, Ft. Belvoir (0.3 mi)
5. Merge left and travel south on Route 1 (4.0 mi)
6. Turn left at Sherwood Hall Lane (0.5 mi)
7. Turn right at Parkers Lane (0.2 mi)
8. Hospital entrance is on the right

**Via Fort Hunt Road**
1. Follow directions 1 – 4 above
2. Stay right at end of exit and follow signs for Fort Hunt Road (148 ft)
3. Turn left at Sherwood Hall Lane (1.3 mi)
4. Turn right at Parkers Lane (0.2 mi)
5. Hospital entrance is on the right

**From Alexandria via George Washington Memorial Parkway**
1. Take George Washington Memorial Parkway (VA-400) south from Old Town
2. Cross Capital Beltway and continue south (3.0 mi)
3. Turn right on Morningside Lane (0.5 mi)
4. Continue on Sherwood Hall Lane (1.3 mi)
5. Turn left at Parkers Lane (0.2 mi)
6. Hospital entrance is on the right

**From Lorton**
1. From Lorton Road turn left at Richmond Highway/Route 1 (7.3 mi)
2. Turn right at Sherwood Hall Lane (0.5 mi)
3. Turn right at Parkers Lane (0.2 mi)
4. Hospital entrance is on the right

**From Woodbridge and points South**
1. Merge onto I-95 N via the ramp to Washington
2. Take exit 161 to merge onto Richmond Highway/Route 1 North toward Fort Belvoir/Mount Vernon (10.2 mi)
3. Turn right at Sherwood Hall Lane (0.5 mi)
4. Turn right at Parkers Lane (0.2 mi)
5. Hospital entrance is on the right

**From Maryland**
1. Take 95/495 South (Capital Beltway – Inner Loop) toward Richmond/Alexandria signs for 95/495 Local Traffic
2. Take exit 177C toward Mount Vernon
3. Turn right at traffic light at end of ramp onto Washington St./George Washington Memorial Parkway/VA-400 South (3.2 mi)
4. Turn right at Morningside Lane (0.5 mi)
5. Continue on Sherwood Hall Lane (1.3 mi)
6. Turn left at Parkers Lane (0.2 mi)
7. Hospital entrance is on the right