

Occupational Health Services

Inova Occupational Health provides workplace health services to thousands of employers throughout the metropolitan DC area. With over a dozen locations, Inova's occupational health physicians and providers provide quality healthcare services to thousands of employees every year. Our mission is to ensure your employees are ready and able to work safely and effectively.

Physical Examinations

A variety of physical examinations with appropriate testing, tailored to meet the employer's needs.

Service	Description	Timing/Frequency
Pre-Employment/Periodic Exam	Evaluates employee's ability to safely perform job functions	As needed
DOT/CDL Examination	Medical determination for operating commercial vehicles	As needed to maintain certification
OSHA/Surveillance Examinations	Includes hazmat exams. Complies with specific regulatory standards	Baseline/periodic
Respiratory Medical Clearance	Evaluates ability to wear respirator. Includes questionnaire review	Exam if needed. Annually/periodic
Return to Work Evaluations	Evaluates ability to return to work, post-absence	As needed
Fitness for Duty Examinations	Review of pertinent medical records and focused exam to evaluate employee's ability to perform essential job functions	As needed

Substance Abuse Testing

A variety of options are available to help maintain a safe, productive and drug-free workplace. All substance abuse testing is performed in accordance with the highest industry standards and includes an official MRO review.

Service	Description	Timing/Frequency
Non-Regulated Urine Testing	5 or 10 panel screening	Post-offer, random, reasonable suspicion, post-accident, follow-up
DOT Urine Testing	5 panel screening	Post-offer, random, reasonable suspicion, post-accident, follow-up
Rapid Urine Testing	5 or 10 panel screening with rapid results	Post-offer, random, reasonable suspicion, post-accident, follow-up
Breath Alcohol Testing	Testing for the presence of alcohol	Post-offer, random, reasonable suspicion, post-accident, follow-up
Random Drug Screening	Random pool	As needed

Work-Related Injury

Our physicians and providers understand the importance of returning employees to work quickly and safely after injury or illness by identifying and appropriately recommending temporary work restrictions. Studies have shown that the sooner an injured employee returns to work, the sooner they will recover and be able to return to their regular work status.

Service	Description
24-Hour Care	After-hours access at Inova Emergency rooms in Fairfax and Reston available seven days a week, 24 hours a day
Urgent Care	Walk-In care for acute illnesses and injuries at one of our 11 UCC locations and 2 full service occupational health clinics throughout Northern Virginia
Organization/Communication	Focusing on a team approach, we provide employers with timely information on employee status
Understanding	We understand the employer's needs regarding work-related injuries
Support Services	Single electronic medical records system throughout all locations, physician referrals, physical therapy clinics

Additional Testing

From healthcare workers, to drivers, to movers, to municipality employees, Inova offers testing and additional services to provide a safe and healthy workplace environment that meets all regulatory requirements.

Service	Description	Timing/Frequency
Hearing Tests	Evaluate workplace hearing loss and following regulations in line with the OSHA hearing program standards	Baseline, annual
Pulmonary Function Testing	Evaluate employee's lung performance and his/her ability to wear a respirator	Baseline, periodic
Respiratory Fit Testing	Verifies proper fitting of an employee's N-95 respirator (painters, healthcare and hazardous material workers)	Baseline, annual
Flu Shots	Protect essential and high-risk workers from influenza and its complications	Annual
Hepatitis B Vaccines	Recommended for employees handling infectious materials (healthcare, plumbers)	As needed. (Series of 3)
Lab/Blood Tests	Tests to meet any employer's needs	Baseline, periodic
TB Testing	Essential for employer's tuberculosis protection plan	As needed
Tetanus/TDAP Vaccinations	Booster vaccinations for at-risk employees	Per CDC Guidelines
Vision Testing	Visual acuity check, color vision screening, peripheral vision and depth perception	Baseline, periodic
X-ray	X-rays available in all locations with real-time readings	As needed

Additional Services and Information

Inova Occupational Health (IOH) understands the importance of occupational health services. Our program helps optimize employee well-being, and improves safety. Inova is Northern Virginia's leading not-for-profit healthcare system. Our comprehensive service line and expert professionals make us ideally equipped to exceed the healthcare needs of today's diverse workplace. Take advantage of our online scheduling capabilities, as well as online posted wait times for all of our Urgent Care locations. Inova's breadth and depth of services also includes on-site clinic capabilities, employee assistance programs, executive health programs, as well as a very robust wellness program.

To learn more about Inova Occupational Health Services, visit inova.org/occupationalhealth or contact Marina Manarin at Marina.Manarin@inova.org or 571.472.0168.