

24-Hour Hotlines

National Suicide Prevention Lifeline – call or text 988

The Trevor Project (free, confidential suicide prevention service for LGBTQ+ youth) – text START to 678.678 or call 866.488.7386

Local Government Emergency Mental Assessment – 24 hours a day, 7 days a week

Arlington Emergency Mental Health Services**	703.228.1560
City of Alexandria Emergency Mental Health Services**	703.746.3401
Fairfax – Falls Church Emergency Mental Health Services**	703.573.5679
Loudoun County Emergency Mental Health Services**	703.777.0320
Prince William County Emergency Mental Health Services – Manassas Office**	703.792.7800
Prince William County Emergency Mental Health Services – Woodbridge Office**	703.792.4900

Emergency Assessment Options – other than local government

Community Regional Crisis Response CR2 – in-home crisis intervention – VA residents only**	571.364.7390
Inova IPAC (18+) psychiatric urgent care – 8221 Willow Oaks Corporate Dr., Fairfax, VA**	703.289.7560
Inova L.J. Murphy Children’s Hospital Emergency Room (Fairfax) – 24 hours a day**	703.776.4002
Dominion Hospital (Falls Church) – 24/7 intake line – (PHP in Falls Church and Chantilly)**	844.710.6165
North Spring Behavioral (Leesburg) – inpatient – PHP 24/7 intake line**	703.554.6300
Children’s National Medical Center Emergency Room (Washington, DC) – 24 hours a day**	202.476.5000

Partial Hospitalization and Intensive Outpatient Programs (PHP & IOP) – daytime intensive treatment

Inova Kellar Center (Fairfax/Sterling) – ages 13 through high school**	703.218.8500
Dominion Hospital (Falls Church/Chantilly) – ages 5 to adult**	844.710.6165
North Springs Behavioral (Leesburg) – ages 11+**	703.554.6300
Discovery Mood & Anxiety Program (Fairfax/Alexandria)*	844.466.5141
Embark (Tysons/Cabin John) IOP for ages 13 to 17*	703.782.4252
Newport Academy (Rockville) ages 13 to 17*	866.265.5898

Nonurgent Psychiatry and Therapy Sites

Arlington County Behavioral Health Intake Line**	703.228.1560
Fairfax – Falls Church Behavioral Health Intake Line**	703.383.8500
Loudoun County Behavioral Health Intake Line**	703.771.5100
City of Alexandria Behavioral Health for Children and Families**	703.746.3535
Dominion Hospital Choices PHP (Falls Church/Chantilly)**	703.538.2872
Prince William County Behavioral Health Intake Line**	703.792.7373

*takes insurance

**takes insurance, including Medicaid

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Nonurgent Psychiatry and Therapy Sites (cont.)

Inova Kellar Center (Fairfax/Sterling) – therapy and psychiatry**	703.218.8500
InSight Into Action (Fairfax/Ashburn)	703.646.7664
Sterling Behavioral Health (Sterling) – therapy and psychiatry*	703.858.9841
Ashburn Psychological Services (Ashburn) – therapy and psychiatry	703.723.2999
Potomac Psychological Center (Ashburn) – therapy and psychiatry	703.858.7838
Full Circle Neuropsychiatric (Reston)	703.481.9111
Fairfax Mental Health and Wellness – therapy and psychiatry**	703.896.7628
McLean Counseling Center – child psychiatry therapy, behavior management	703.821.1073
The Child & Family Counseling Group (Fairfax) – therapy and psychiatry	703.352.3822
My Psychiatrist (Reston) – therapy and psychiatry**	703.596.4796
Dominion Center for Behavioral Health (South Riding) – therapy and psychiatry*	703.348.0030
Riverside Counseling Center (Leesburg) – therapy and psychiatry (no insurance for psych)*	703.724.0200
Potomac Center (Alexandria) – therapy**	703.379.7350
Jewish Social Services Agency (Fairfax/Rockville)**	301.816.2633
Envision Counseling – therapy**	833.698.4357
Columbia Associates in Psychiatry (multiple sites)*	703.241.1290
The Women’s Center – therapy*	571.385.1625

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*This list was verified as accurate on the date listed.
There may be changes, so please verify by calling the providers.*