

Northern Virginia Mental Health Referral List

11/22/21

National Suicide Prevention Lifeline – call or text (800) 273-8255

The Trevor Project (24-hour, free, confidential suicide prevention service for LGBTQ+ youth) – text **START** to 678-678 or call 866-488-7386

County 24/7 Emergency Resources

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|--------------------------------------|--------------|
| Arlington County CSB** | 703-228-1560 |
| Fairfax County Emergency Services** | 703-573-5679 |
| Loudoun County Crisis Intervention** | 703-777-0320 |
| Prince William County – Manassas** | 703-792-7800 |
| Prince William County – Woodbridge** | 703-792-4900 |

Emergency Intake Options

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| Children's Regional Crisis Response CR2 – in-home ER assessment – VA residents only | 571-364-7390 |
| Inova IPAC (18+) 24/7 emergency assessment – sub abuse/psychosis/SI 8221 Willow Oaks Corporate Dr., Fairfax, VA | 703-289-7560* |
| Inova Fairfax Hospital ER | 703-776-4002 |
| Dominion Hospital (Falls Church) – 24/7 intake line – (also PHP in Falls Church and Chantilly) | 844-710-6165 |
| North Spring Behavioral (Leesburg) – inpatient/PHP/IOP – 24/7 intake line | 703-554-6300 |
| Children's National Medical Center ER (DC) | 202-476-5000 |

PHP/IOP Programs

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|---|---------------|
| Inova Kellar Center (Fairfax/Sterling) – ages 13 through high school* | 703-218-8500* |
| Dominion Hospital (Falls Church/Chantilly) – ages 5 to adult | 844-710-6165 |
| North Springs Behavioral (Leesburg) – ages 11+* | 703-554-6300* |
| Discovery Mood & Anxiety Program (Fairfax/Alexandria)* | 844-466-5141* |
| Embark (Tysons/Cabin John) IOP for ages 13 to 17 – will work with some insurances | 703-782-4252 |
| Newport Academy (Rockville) ages 13 to 17 – will work with some insurances | 866-265-5898 |

Non-Urgent Psychiatry and Therapy Sites

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|---|--------------|
| Fairfax Co CSB non-ER – intake line** | 703-383-8500 |
| Leesburg Mental Health non-ER – therapy/psych for Loudoun County residents** | 703-771-5100 |
| City of Alexandria Behavioral Health for Children and Families** | 571-213-7963 |
| Inova Kellar Center (Fairfax/Sterling)** | 703-218-8500 |
| InSight Into Action (Fairfax/Ashburn) – sub abuse, psychiatry, testing, therapy | 703-646-7664 |
| Child & Family Counseling Group (Fairfax) | 703-352-3822 |

*takes insurance

**takes insurance, including Medicaid

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Non-Urgent Psychiatry and Therapy Sites (cont.)

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|---|--------------|
| Sterling Behavioral Health (Sterling) – therapy and psychiatry* | 703-858-9841 |
| Ashburn Psychological Services (Ashburn) – therapy and psychiatry | 703-723-2999 |
| Potomac Psychological Center (Ashburn) – therapy and psychiatry – Dr. Ansari* | 703-858-7838 |
| Full Circle Neuropsychiatric (Reston) | 703-481-9111 |
| Piedmont Behavioral Services (Landsdowne)** | 703-520-9717 |
| Fairfax Mental Health and Wellness* | 703-896-7628 |
| McLean Counseling Center – child psychiatry therapy, behavior mgmt. | 703-821-1073 |
| Child & Family Counseling Group (Fairfax) – therapy and psychiatry | 703-352-3822 |
| My Psychiatrist, LLC (Reston)* | 703-596-4796 |
| Dominion Center for Behavioral Health (South Riding) – therapy and psychiatry** | 703-348-0030 |
| Riverside Counseling Center (Leesburg) – therapy and psychiatry (no ins for psych)* | 703-724-0200 |
| Potomac Behavioral (Arlington) – therapy, psychiatry, IOP, eating disorders, DBT groups | 571-257-3378 |
| Jewish Social Services Agency (Fairfax/Rockville)* | 301-816-2633 |
| Comprehensive Behavioral Health (multiple sites)* | 703-812-4642 |
| Columbia Associates in Psychiatry (multiple sites)* | 703-241-1290 |
| Envision Counseling Center (Annandale)* | 703-552-8182 |
| National Counseling Group (Northern VA)** | 877-566-9624 |

*takes insurance

**takes insurance, including Medicaid