**Schedule an appointment with your PROVIDER**

**Cost: $–$$**

**Acute examples:**
- COVID-19 symptoms
- Cold/flu
- Sore throat
- Backache (not severe)
- Headache/migraine
- Urinary symptoms
- Earache
- Rash

**Inova Primary Care:** You can call the doctor on call for advice, or you can schedule an in-person or virtual visit with your doctor the following business day.

Visit Inova’s MyChart patient portal or go to [Inova.org/PrimaryCare](http://Inova.org/PrimaryCare) to schedule an appointment.

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**Go to Inova–GoHealth URGENT CARE**

**Cost: $$–$$$**

**Urgent care examples:**
- COVID-19 symptoms
- Cold/flu
- Sore throat
- Backache (not severe)
- Headache/migraine
- Urinary symptoms
- Earache
- Rash
- Minor injuries
- Not able to get in touch with doctor for advice

**Inova–GoHealth Urgent Care:**
Open Monday–Friday; 8 a.m. – 8 p.m. Saturday and Sunday; 9 a.m. – 5 p.m.
Visit [Inova.org/UCC](http://Inova.org/UCC) to find an urgent care clinic near you.

**In–home care through DispatchHealth (an Inova partner):**
Open 7 days a week; 8 a.m. – 10 p.m.
Call 571.393.1944 or visit [Inova.org/DispatchHealth](http://Inova.org/DispatchHealth).

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**Go to EMERGENCY ROOM or call 911**

**Cost: $$$$–$$$$**

**Emergency examples:**
- Chest pain
- Trouble breathing
- Sudden weakness of body parts
- Uncontrolled bleeding
- Fainting
- Severe pain
- Serious injury

Visit [Inova.org/ER](http://Inova.org/ER) for a list of Inova ERs.

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“I need medical care and feel safe to wait a day”

“I need medical care today and feel safe to wait a few hours”

“I need medical care now and do not feel safe to wait”