What should I do?
I’m sick or hurt and my doctor’s office is closed.

Schedule an appointment with your PROVIDER
Cost: $$$

**Acute examples:**
- COVID-19 symptoms
- Cold/flu
- Sore throat
- Backache (not severe)
- Headache/migraine
- Urinary symptoms
- Earache
- Rash

**Inova Primary Care** – You can call the doctor on call for advice, or you can schedule an in-person or virtual visit with your doctor the following business day.

Visit Inova’s MyChart patient portal or go to inova.org/primarycare to schedule an appointment.

Go to URGENT CARE
Cost: $$$$-

**Urgent care examples:**
- COVID-19 symptoms
- Cold/flu
- Sore throat
- Backache (not severe)
- Headache/migraine
- Urinary symptoms
- Earache
- Rash
- Minor injuries
- Not able to get in touch with doctor for advice

**Inova Urgent Care** – Open 7 days a week; 8 a.m. – 8 p.m.
Visit inova.org/ucc to find an urgent care clinic near you.

**In-home Care through DispatchHealth (an Inova partner)** – Open 7 days a week; 8 a.m. – 10 p.m.
Call 571.393.1944 or visit inova.org/dispatchhealth.

Go to EMERGENCY ROOM or call 911
Cost: $$$$-

**Emergency examples:**
- Chest pain
- Trouble breathing
- Sudden weakness of body parts
- Uncontrolled bleeding
- Fainting
- Serious injury
- Severe pain

Visit inova.org/er for a list of Inova ERs.