

## Joint Replacement Pre-Operative Clinic Frequently Asked Questions

To best prepare you for your upcoming joint replacement surgery, Inova Loudoun Hospital will coordinate three pre-operative appointments:

- Pre-surgical services nursing interview (via phone)
- Pre-operative education class: “Joint Camp”
- Pre-operative clinic visit with a physician

### 1. What is the pre-operative clinic and why is it offered?

Pre-operative clinics have become a standard protocol for patients undergoing surgery in the United States. It is a convenient “one-stop-shop,” where patients will receive all required tests as requested by the surgeon, the anesthesia department and the hospital.

At this visit, a physician will conduct your pre-operative risk assessment which includes a physical examination, lab work, EKG and medication review. The clinic physicians are the same physicians that will provide your post-procedure care while at the hospital. It allows the physician to get to know you before your surgery and prepare for any special considerations to ensure a smooth recovery and the best possible outcomes.

### 2. Will the clinic communicate with my primary care provider?

Yes – we will send all clinic notes and lab work to your primary care provider.

### 3. Will my insurance cover the clinic visit?

The pre-operative clinic visit will be billed to your insurance as a primary care visit. You will be responsible for any applicable co-pays/co-insurance charges for a primary care visit and lab work. If you have questions about coverage or need to speak with the hospital’s financial services department, please call 703.858.8899.

### 4. Will I visit the clinic after my procedure?

Yes – a follow-up clinic visit will be scheduled one week post-surgery to discuss the recovery and healing process. This visit will also be billed to your insurance as a primary care visit. Typically, this visit will not require lab work.

### 5. Where is the clinic located?

The clinic is located on the Inova Loudoun Hospital medical campus in the 44055 physician office building (44055 Riverside Parkway, Suite 242). Please follow signs for the South Hospital Entrance and The Birthing Inn. Enter at the 44055 South Lobby physician office entrance (green awning) and take the elevator to the second floor. The office is down the hallway on the left.

**6. Who are the clinic physicians?**



Sandhya Chanda, MD



Nidhi Gill, MD

**7. What is the pre-operative education class?**

“Joint Camp” is a free, two-hour class where you and your family will learn how to best prepare for your surgery, hospital stay and recovery at home.

**8. What is discussed during the pre-operative nursing interview?**

Prior to your procedure, you will speak with one of our pre-surgical nurses on the telephone. You can expect to review your medical history, current medications and experiences with anesthesia. You will also receive medication guidance to prepare you for the day of surgery. Please allow one hour for the call.

**9. Who can I contact if I have additional questions?**

Please contact the joint replacement navigator at 703.858.6721 or the joint replacement program manager at 703.858.8220.