Day Of Your Procedure

You will
- Arrive at the facility 1 ½ hours prior to your scheduled procedure unless instructed otherwise by hospital staff. Ample free parking is available.1

Upon Arrival in Facility
- Enter through the main hospital entrance and proceed to the registration area and sign in at the desk.

You will need to have your:
- a. Valid Photo ID
- b. Insurance Card

Upon Completing Registration
1. One of our registration staff members will escort you to the Surgical waiting area until called back to the Operating Room by our clinical team member. A member of your family or a companion may accompany you.
2. Your family companion will ask for your contact number and direct you to your assigned room while your surgery is in progress.
3. When you reach your room, you will be asked to change into a hospital gown.
4. You will meet the following members of our surgical team who will verify your name, and the procedure, review your medical information, and obtain your surgical consent:
   a. Operating Room Nurse and Anesthesiologist
   b. A registered nurse, Certified Registered Nurse Anesthetist (CRNA)
   c. Surgeon
   d. Operating Room Nurse

You are encouraged to ask any questions or identify any concerns you may have at this time.

Preparation for Your Procedure

Inova Loudoun Hospital - 703.858.6000
44045 Riverside Parkway
Leesburg, VA 20176

Driving Directions
From Leesburg and points west:
Take Route 7 West. Exit onto Lansdowne Parkway. Turn left onto Ridge Road. Turn right onto Route 7 East. Exit onto Lansdowne Boulevard. Turn right at first stop light onto Riverside Parkway. Take second light into hospital main entrance. Upon entering the campus, please turn left and follow signs for the Operating Room entrance (44045). Complimentary valet parking is available Monday - Friday, during daytime hours.
From Dulles and points south:
Take Loudoun County Parkway. Turn left onto Evergreen Mills Road. Turn right onto Route 7 East. Exit onto Lansdowne Boulevard. Turn right at first stop light onto Riverside Parkway. Take second light into hospital main entrance. Upon entering the campus, please turn left and follow signs for the Operating Room entrance (44045). Complimentary valet parking is available Monday - Friday, during daytime hours.

Notes
When the Procedure is Ready to Begin
- You will be wheeled on a stretcher to the Operating Room by our Operating Room Nurse and Anesthesiologist or Certified Registered Nurse Anesthetist (CRNA). At this time, your companion or family member will be directed to proceed to the Surgical Waiting Area (44045). An overhead flat screen monitor is provided for family and companions to monitor your procedure progress by viewing the status board in the waiting area.

When the Procedure is Completed
- You will be taken to Phase I Recovery.
- If you are admitted to the hospital after surgery, the recovery room nurse will ask your family members/companions if you are ready for transfer to the inpatient unit. Family companions may then proceed to your room and will see you once you are on the nursing unit.
- If you are going home after your procedure, you will be moved to the Phase II recovery area when awake from surgery.

Phase II of Recovery and Discharge
- Once you are settled, comfortable and ready, the family member or companion you selected will contact your Phase II recovery room.
- While in Phase II, your family companion will be provided discharge instructions and any medications to take home. Medication will be thoroughly reviewed with you and your companion. We will ensure that you are weaned off your surgical medications before discharge.
- You will be ready to go home when certain discharge criteria are met:
  - No nausea or vomiting
  - Stable vital signs
  - Urinating and defecating
  - Desired comfort level achieved.
- It is normal to feel tired when you go home. The effects of anesthesia will usually wear off by the next morning.

Welcome
Thank you for choosing Inova Loudoun Hospital for your upcoming procedure. We take pride in providing the highest quality care in a safe environment. At Inova Loudoun Hospital, you will always be treated with compassion and concern for your well being.

This guide will provide information on how to prepare for your procedure, what to expect once you arrive at the hospital, and how to plan for your care after surgery.

Sincerely,
Inova Loudoun Hospital

Important Phone Numbers
- Main Hospital Operator: 703.858.6000
- Preoperative Services: 703.858.6425
- Operating Room Reception Desk: 703.858.6425
- Financial Counseling: 703.858.6091
- Community Billing Office: 571.423.5750
- Medical Records Office: 703.858.6623

Preparation for Your Procedure

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Visit onova.org/LoudounParking.
Your Surgeon will:

Before Your Procedure

1. A worksheet is provided with this guide for your convenience.
2. If you become ill or have a fever, please call your surgeon.
3. A phone interview with the nurse:
   - Receive a call from the Pre Surgical Services staff to schedule your phone interview with a nurse who will:
     a. Review your medical, surgical and family history.
     b. Discuss with you any additional testing needed and medical restrictions required by anesthesia.
     c. Answer any questions you may have. Directions, expected arrival at the hospital.
   - On average, the interview takes 30 – 60 minutes.
4. Prepare for your interview by listing pertinent information about your medical history. a. Specify that you have seen previous procedures you’ve had; what medications, allergies and medications to include to the interview.
5. Make arrangements for a responsible adult to accompany you home. Public transportation is available at all times.

Important Preoperative Instructions

- Use arrival time to determine when NPO (nothing by mouth) times
- Notify your doctor if you develop any sign of illness before your procedure needs to be rescheduled or cancelled.
- Receive a call from the Pre Surgical Services staff to schedule your phone interview with a nurse who will:
  - Review your medical, surgical and family history.
  - Discuss with you any additional testing needed and medical restrictions required by anesthesia.
  - Answer any questions you may have. Directions, expected arrival at the hospital.

Follow eating and drinking restrictions as instructed by your surgeon.

Special Instructions for Children:

- Follow your doctor’s dietary restrictions – especially the NPO (nothing by mouth) times.
- Do not wear makeup, jewelry (including body piercing), watches, earrings or rings.
- Do not shave your surgical site at home.
- Bathe or shower the morning of the procedure with an antibacterial soap.
- Bring a favorite small toy or book.
- If you are taking any other medications, please bring a list of your medications, prescriptions and vitamin supplements.

Special Instructions from Anesthesiologist

- Comfortable, loose-fitting and comfortable clothing.
- A gown will be provided.

Hospital Bill

A hospital bill from the hospital or surgery center at which the procedure or surgery is performed. This bill will reflect services for staff supplies and equipment used by the surgical care providers.

Prior to hospital discharge, either you or a responsible adult will receive a Prior Authorization form to be completed before discharge or release.

Special Medication Instructions from Anesthesiologist:

- Any insulin you use from the day before (or 24 hours minimum prior to arrival time).
- May have up to 4 hours minimum prior to arrival time.
- May have 4 oz. or less 4 hours minimum prior to arrival time.
- Have any items you need prior to arrival time. If you have a self-administered medication, please bring a list of medications, prescriptions and vitamin supplements.

Other Instructions:

- Please remove make-up before you arrive.
- For pediatric patients, please bring a toy.
- STOP the following pills 7 days prior to your procedure.

Special Instructions from Anesthesiologist

- Please follow all instructions carefully.
- To ensure a safe and comfortable surgical and anesthesia experience.

Day Before Your Procedure

You may:

- Expect after a procedure/surgery, all surgical care providers will bill your insurance company for the costs associated with the procedure/surgical process.
- Receive a bill for any remaining balance. (For example: a routine laboratory test, a supply, disposable card, equipment, an insurance etc.) after notice from your insurance company.

Surgery’s Bill

- A bill for the anesthesia services you receive during a procedure/surgery is provided by an anesthesiologist with American Anesthesiology Associates.
- Questions regarding this bill should be addressed to the specified surgeon named on your bill.
- Questions regarding this bill should be addressed to the specified anesthesiologist named on your bill by calling 571.423.5750.

Understanding Your Procedure/Surgery Bills and Fees

Schedule the date and time of your procedure with the Surgical Services Scheduler and determine whether you will be an inpatient or outpatient:

- Inpatient means you will be admitted to the hospital. You will remain in the hospital for one or more days until you are ready to go home.
- Outpatient means you will come to the hospital the day of your operation and go home the same day.
- Give you instructions on certain medications that need to be taken before or after your surgery. Please discuss these with your surgeon.
- Contact the surgical services scheduler in the event that your procedure needs to be rescheduled or cancelled.

Pre Surgical Services Interview Worksheet

Please find the interview information available for your scheduled phone interview with the nurse.

Pre Surgical Services Interview Worksheet

Name of Interviewer

Onset

Time

Tips Taken

Specialties you are seeing and your Primary Care Physician

Doctor’s Name

Specality

Comments

Names of Specialists you are seeing and your Primary Care Physician

Doctor’s Name

Specality

Comments

List of medications you may have that require refills

Medication

Dosage

Times Taken

Comments

*If insulin you use from the day before (or 24 hours minimum prior to arrival time).

**Use arrival time to determine when NPO (nothing by mouth) times start for IV patients (paid and product.

If you need more information, please schedule your interview for the day prior to the procedure.

Information is to be provided with this guide for your convenience.

You can call 703.858.8594 or 703.858.8904 to make a phone call to assist you Monday-Friday, 8:30 am - 4:30 pm.

Day Before Your Procedure

You call:

- Receive a Confirmation Call: On the day before your surgery, a hospital staff member will call you to confirm your surgery, arrival time, and location.

Questions and payments regarding this bill should be addressed to the specified anesthesiologist named on your bill by calling 571.423.5750.

To Reduce Bacteria On Your Skin

1. Bathe or shower the morning of the procedure with an antibacterial soap before arriving.
2. Do not apply lotion, perfume, cologne, or oil products.
3. Do not shave your surgical site at home.
4. Do not wear makeup, including body piercing.

Special Instructions for Children:

- Bring a favorite small toy.

Special Instructions for Children:

- Follow your doctor’s dietary restrictions – especially the NPO (nothing by mouth) times.

Important Preoperative Instructions

- Please follow all instructions carefully.
- To ensure a safe and comfortable surgical and anesthesia experience.

You call:

- Receive a Confirmation Call: On the day before your surgery, a hospital staff member will call you to confirm your surgery, arrival time, and location.

Questions and payments regarding this bill should be addressed to the specified anesthesiologist named on your bill by calling 571.423.5750.