

## Discharge

Because you are not allowed to drive for 24 hours, and to help ensure your safety, **an adult over the age of 18 must accompany you and drive you home.** Your ride must be available to pick you up when the nurse calls. Transportation by taxi is acceptable as long as a responsible adult is with you.

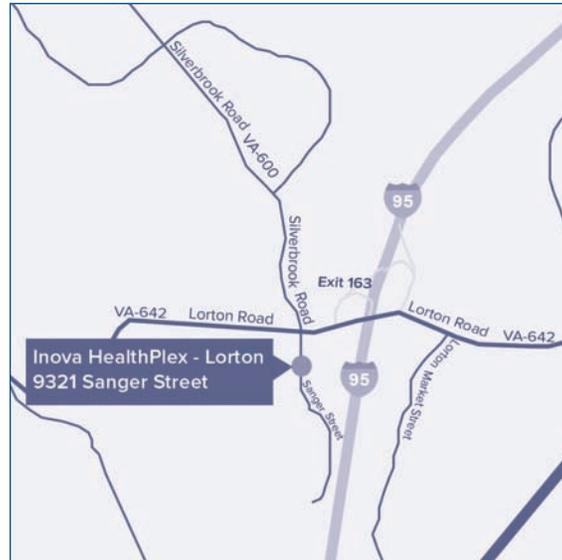
**Instructions:** When you are ready to leave, a nurse will review instructions specific to your procedure. A written copy of your instructions will be given to you. Please feel free to ask any questions you may have.

**Going Home:** A staff member will accompany you to the Inova HealthPlex - Lorton exit where a family member or friend can pick you up. Remember that you are not to drive, operate machinery, drink alcohol, or make any major decisions for at least 24 hours. In addition, try to rest at least 12 hours after you get home. It is common to feel tired, dizzy, sleepy, or slightly nauseated after a procedure. If you have any questions, please call us at **703.672.2640**.

**Follow-Up Call:** A member of the Inova Surgery Center staff will call you the day following your procedure to make sure there are no problems and to answer any questions you might have. Once again, we welcome your comments and feedback.

**Satisfaction Survey:** You may be contacted by an independent surveyor regarding the care that you received. Our goal is to be rated excellent in each area of your care. If you feel you did not receive excellent care, please contact the surgery center administrator at **703.672.2623**. Your feedback and concerns are important to us.

Inova Ambulatory Surgery Center at Lorton  
 Inova HealthPlex - Lorton  
 9321 Sanger Street, Suite 200  
 Lorton, VA 22079  
 P. 703.672.2640



## Inova Ambulatory Surgery Center at Lorton



## Inova Ambulatory Surgery Center at Lorton

Appointment Date: \_\_\_\_\_

Appointment Time: \_\_\_\_\_ a.m./p.m.

Arrival Time: \_\_\_\_\_ a.m./p.m.

We look forward to caring for you during your endoscopy procedure at the Inova Ambulatory Surgery Center at Lorton located on the second floor of the Inova HealthPlex - Lorton building.

Our goal is to make your experience as pleasant and comfortable as possible. This brochure explains how to prepare for your endoscopy, tells you what to expect, and answers questions you might have.

## Prior to Your Procedure

**Phone Interview:** After your procedure has been scheduled, we will call you for a telephone interview. Or you may call us at your convenience between 8:30 a.m. and 4:30 p.m., Monday - Friday at **703.672.2634**. During the interview, we will review your medical history and provide instructions to prepare for your procedure.

**Labs/EKG:** Generally, you do not need any lab work or EKG (electrocardiogram) prior to your procedure. The presurgical nurse will inform you of any required tests after your interview is completed.

**Insurance/Payment:** Please be prepared to provide our Business Office with insurance information. Some insurance companies require pre-authorization before procedures. Please contact your insurance carrier about these requirements, if you have any questions. Your insurance company also can give you information on the amount you may have to pay to meet your deductible and/or co-pay. When you arrive on the day of your procedure, we will ask you to sign a form stating you are financially responsible for any services rendered that are not covered by your insurance carrier.

**Additional information:** Do not wear makeup or jewelry. Wear your glasses instead of contact lenses. If you must wear your contact lenses, you may need to remove them so bring a contact lens container with you. Please leave all jewelry, money, or valuables at home.

## What To Bring:

- Photo ID
- Insurance card(s)
- Container for eyeglasses or contact lenses
- A list of medications with dosages and how often you take the medication
- Amount quoted to meet your deductible and/or co-pay
- Telephone number of adult driver or escort taking you home

## Day of Your Endoscopy

**Arrival:** Please arrive at the Inova Ambulatory Surgery Center at Lorton approximately one hour prior to your scheduled procedure. Plenty of free parking is available around the Inova HealthPlex - Lorton building.

The surgery center is located on the second floor of Inova HealthPlex - Lorton. Take the elevator located straight ahead as you enter the building or the stairs located on the left. Please proceed to check-in at the reception desk.

**Getting Ready:** Before your procedure, you will be taken to the preoperative area to change into a gown and slippers. An intravenous line (IV) will be started using a small amount of local anesthetic to numb the area.

**Endoscopy:** When we are ready to proceed, you will be escorted to the endoscopy room. The room probably will feel cool. Although we make every attempt to explain everything to you as we go, feel free to ask any questions you may have. You will receive sedation during the procedure. Most patients fall asleep and do not remember the procedure, which generally takes about 30 to 45 minutes.