

Inova VIP 360° | Executive Health

You know it's important to focus on your health – but scheduling numerous appointments, tests and follow-ups each year just doesn't work for your busy lifestyle. If you want the best preventive care, but don't have time to waste, we have good news. Inova VIP 360°'s executive health examination might be just what you're looking for.

Our executive exam isn't just another physical. Our innovative model goes above and beyond, with an in-depth, half-day health and wellness assessment that includes personalized health screenings and assessments designed to protect your most valuable asset – your health. Our plan is designed to provide optimal screening for healthy individuals who want routine, age-appropriate preventive care and to provide medical advice for those with chronic conditions that predispose them to additional risks.

Progressive four-year approach. We offer a progressive approach that includes unique assessments each year over a four-year cycle. Clients who come in once receive significant value right away. Clients who come in year after year build an even more comprehensive health history, unlocking a deeper level of value that will help to ensure that potential problems are caught in their earliest, most treatable stages.

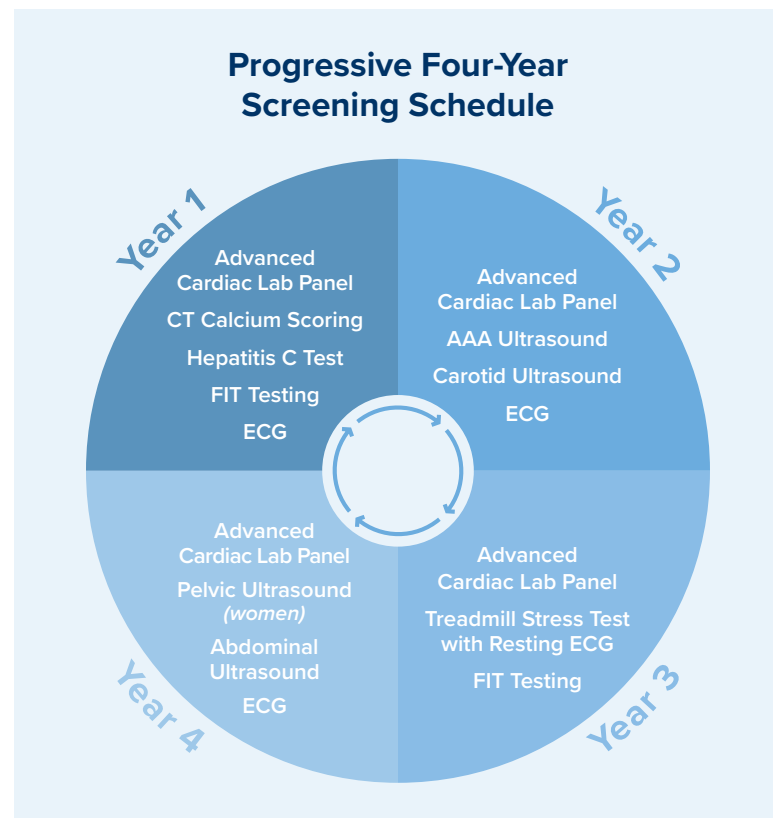
Unique relationships. Personalized, focused attention distinguishes Inova's service from that of other executive health programs. Instead of multiple providers performing various tests in isolation, a team consisting of one physician and one nurse is assigned to each client. This means that your doctor will really get to know you. The trusted, one-on-one relationship our clients develop with their clinical team makes wellness goals more client-centered and the overall experience more meaningful. If a specialist is needed, we ensure a seamless transition for each client.

Evidence-based medicine and decision-making. All physicians, nurses and staff involved with executive health are committed to practicing responsible medicine. Each client's appointment includes tests and procedures that are medically indicated based on age, health history, risk factors and demographics.

What sets Inova VIP 360° apart?

- A blend of exceptionally trained medical professionals and advanced technology
- An extensive physical examination and assessment, including appropriate medical tests and screenings
- Comprehensive, one-on-one care using evidence-based principles and a personalized, focused approach
- A focus on education and prevention, including fitness, nutrition, sleep and lifestyle education
- Streamlined access to world-class care with referral assistance, if needed

Your good health is the cornerstone on which you've built a lifetime of productivity and success. Keep your foundation strong for the long term with Inova VIP 360°'s executive health examination.



To learn more, or to request a quote, fill out our online form by visiting: inovavip360.org/executiveexamquote