Important Information For Your Hospital Stay

Arriving at the Hospital

Upon your arrival, please enter through the main hospital entrance weekdays from 6 a.m. - 9 p.m. and proceed directly to the Labor and Delivery unit on the third floor. After these hours and on weekends, or if you feel it may be an emergency situation, please enter through the Emergency Department. Note: short term parking is available at the main entrance. Always be sure to bring some form of identification with you in case you need it.

What to Bring

- Photo ID
- Insurance card
- A method of payment for any patient financial responsibilities (i.e. copay, coinsurance, deductible)
- Name and phone number of your baby’s pediatrician
- Extra pillows
- Robe
- Comfortable nightgown or pajamas
- Magazines or books
- Toiletries, such as shampoo, brush, deodorant, toothbrush, toothpaste, cosmetics, etc.
- CD or mp3 music player
- Clothing and blankets for your baby to wear home from the hospital
- Clothing and blankets for you to wear home from the hospital

Other optional items to bring that may make your stay more comfortable include:

- Extra pillows
- A robe
- Comfortable nightgown or pajamas
- Books or magazines
- Toiletries, such as shampoo, brush, deodorant, toothbrush, toothpaste, cosmetics, etc.
- CD or mp3 music player
- Magazines or books
- Clothing and blankets for your baby to wear home
- Extra pillows

Visiting Hours

Post-partum visiting hours for family and friends are 9 a.m. – 9 p.m., seven days a week. Children under 12 are allowed to visit if they are healthy and a sibling of the new baby. For the safety of our patients and community, please ring the bell before you enter the room. No smoking or other tobacco products allowed in any patient or the other patient’s rooms.

Inova Fair Oaks Hospital Birthing Center

Osteoprenia

Inova Fair Oaks Hospital Birthing Center

G33108/4-14/5000

Inova Fair Oaks Hospital

3580 MEDICAL OFFICE BLDG

Inova Cancer Center

NOW OPEN

Inova Fair Oaks Hospital Obstetrics Preadmission

Inova Fair Oaks Hospital Birthing Center

Inova Fair Oaks Hospital Shared Beliefs

Our Shared Beliefs of Compassion, Respect, Excellence, Dedication, Innovation and Trust serve as our guide to providing outstanding, quality care to our patients and their families.

Inova Fair Oaks Hospital Obstetrics Preadmission


Inova Fair Oaks Hospital Birthing Center

Pregnancy

To Expectant Parents

Congratulations on the upcoming birth of your baby! We are happy to inform you that you have chosen Inova Fair Oaks Hospital for your baby’s birth.

To make your admission to the hospital as easy as possible, please review the included information to familiarize yourself with the pre-arrangement and admission process.

The Inova Fair Oaks Hospital Birthing Center has many special services including:

- Dedicated operating rooms for cesarean births
- A Post-Anesthesia Care Unit (PACU) where babies can stay with moms after a cesarean birth
- A certified lactation consultant
- Sleep chairs in patient rooms for your significant other
- Classes and tours fill up quickly, so register today. The Inova Fair Oaks Hospital Birthing Center has a Web site that can provide your family with the support and education you need. Instructors will provide you with the support and education needed to make your stay as comfortable as possible, and to learn about their length-of-stay and discharge policies.

Insurance and Payments

Please review the information on the attached preadmission form taken at least 48 hours before your expected delivery date. You must also complete your insurance company online your hospital admission to determine whether pre-certification is required or to secure that your benefits will cover and advance payments.

Since most insurance companies do not automatically renew benefits, be sure to ask what dates you need to renew your insurance coverage for your stay.

Please bring your photo identification, insurance card, and $100 of cash with you when you arrive at the hospital. An financial counselor will stay by your side to help answer questions you have about your insurance benefits.

If you are not insurance covered, you may be required to prepay at the sfhospital before admission to determine whether pre-certification is required. Be sure to bring your Social Security Number. V/NONOB: does not receive or does not pay in cash, credit or check payments expected in the State Health Department. (cash or credit payments expected in your state.)

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Please contact your insurance company online your hospital admission to determine whether pre-certification is required or to secure that your benefits will cover advance payments.

When in a group practice, please provide name(s) of physician(s) involved in the care of both you and your baby, if your baby’s date of birth. For more information contact:

- Birth Experience
- Special Services
- Classes and Tours
- Birth Certificate
- Special Services

Birth Experience

To apply for a Birth Certificate

To apply for a birth certificate in order to be received in the hospital for your baby’s birth, you must complete the birth registrar or check-in with your hospital admission online your hospital admission to determine whether pre-certification is required. Be sure to bring your Social Security Number. V/NONOB: does not receive or does not pay in cash, credit or check payments expected in the State Health Department. (cash or credit payments expected in your state.)

After you give birth, a birth registrar will come to your room to answer questions you may have about your insurance benefits. For more information contact:

- Birth Experience
- Special Services
- Classes and Tours
- Birth Certificate
- Special Services

Inova Fair Oaks Hospital Birthing Center offers you and your baby many special services including:

- Bedroom and bathroom amenities
- Private rooms and bathrooms
- Dedicated operating rooms for cesarean births
- A Post-Anesthesia Care Unit (PACU) where babies can stay with moms after a cesarean birth
- A certified lactation consultant
- Sleep chairs in patient rooms for your significant other
- Classes and tours fill up quickly, so register today. The Inova Fair Oaks Hospital Birthing Center has a Web site that can provide your family with the support and education you need. Instructors will provide you with the support and education needed to make your stay as comfortable as possible, and to learn about their length-of-stay and discharge policies.

Please complete all information on the attached preadmission form taken at least 48 hours before your expected delivery date. You must also complete your insurance company online your hospital admission to determine whether pre-certification is required or to secure that your benefits will cover advance payments.

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