

## Prenatal Telemedicine Visit Schedule

Week 10 – 12	<b>In-Person Visit with Bloodwork</b> <i>Initial OB and ultrasound order provided</i>
Week 16	<b>Remote Visit</b>
Week 20	<b>In-Person Visit</b>
Week 24	<b>Remote Visit</b>
Week 28	<b>In-Person Visit with Bloodwork</b>
Week 30	<b>Remote Visit</b>
Week 32	<b>Remote Visit</b>
Week 34	<b>Remote Visit</b>
Week 36	<b>In-Person Visit</b> <i>with GBS culture (if indicated)</i>
Week 37	<b>Remote Visit</b>
Week 38	<b>Remote Visit</b>
Week 39	<b>In-Person Visit</b>



### Before Each Remote Visit:

- Measure your blood pressure
- Record your weight
- Record your baby's heart rate  
*(if you have chosen to purchase the monitor)*

Inova Obstetrics and Gynecology

