Our goal is to provide the very best health care possible by making your child our top priority. In order to provide the easiest experience, we must work together as a team. Your **first visit** to our clinic is very important and will take extra time. Please arrive **30 min** before your appointment time and plan for approximately 2 hours to complete the following:

1. Registration with our Financial Counselor
2. Recording of the patient’s medical history with our Medical Assistants
3. Visit with a Doctor-In-Training
4. Visit with a Supervising Doctor

**For all future visits, please arrive 20 min early**

We encourage you to bring:

1. A healthy snack as hungry children can become grumpy!
2. Your child’s favorite toy, book, or a hand-held game. Ask your child what they want to bring to their appointment. Sometimes getting their opinion works wonders toward keeping them entertained and patient!
Welcome to Inova Cares Clinic for Children

Additionally, there are many helpful organizations right here in the building. These organizations provide services such as...

- Abuse Survivor/ Trauma Counseling
- Domestic Violence Counseling/ Support Group for Women
- Case Management
- Multicultural Community Education/ Workshops
- Mental Health Counseling
- Parenting Skills Workshop
- WIC (Women, Infants, and Children Food and Nutrition Service) Program Office

All of these services provide bilingual assistance, as needed. Please see one of our team members for guidance on where to locate these services.

Important about us!

We would like you to know that Inova Cares Clinic is a teaching facility. This means that we are committed to preparing doctors to work in busy community clinics. Resident Physicians (licensed doctors training in pediatrics) receive professional guidance from our Supervising Physicians.

At visits, you may see either both types of doctors or only a supervising doctor. Our doctors work as a team to provide the highest quality care. As a result, the visit may take longer than at a non-teaching clinic. However, the advantage is that your child is getting two opinions in one visit! As we cannot know in advance how long the wait will be, we always encourage you to bring materials to keep you and your child occupied.

We will do our best to see your child anytime you need us. We can schedule well child appointments in advance and same day sick appointments the night before or the day of (as available). Because we are not an urgent care facility, occasionally our clinic appointments will be full and you may need to have your sick child seen in and Emergency Department or Urgent Care. If that is the case, we will assist you in finding a location to be seen that day.

Thank You