

Department	Guidelines
 <b>Hospitalized Patients</b>	<b>One</b> visitor* (ages 16+) during visitation hours: 1 to 5 p.m. (no visitors for patients with a suspected or confirmed COVID-19 diagnosis)
 <b>Emergency Department</b>	<b>One</b> companion* (24-hour visitation; ages 16+)
 <b>Labor &amp; Delivery</b>	<b>One</b> companion* and one professional doula (24-hour visitation; ages 16+)
 <b>Postpartum/High Risk Perinatal</b>	<b>One</b> companion* (24-hour visitation; ages 16+)
 <b>Pediatrics/NICU Pediatric Emergency Department</b>	<b>Two</b> parents/guardians or substitute caregivers (24-hour visitation; ages 16+)
 <b>Behavioral Health</b>	Guidelines provided upon admission
 <b>Ambulatory Services/Procedural</b> <i>(Outpatient Clinics, Primary &amp; Specialty Care, Outpatient Surgeries, etc.)</i>	<b>One</b> companion* (ages 16+)
 <b>Antenatal Testing Center</b>	<b>One</b> companion* (ages 16+)
 <b>End-of-Life Situations</b>	<b>Two</b> visitors* are permitted (24-hour visitation)

\* See back for details

At this time, no siblings under the age of 16 are allowed in the Women's areas.

Patients, visitors, companions and Designated Support Person (DSP)\* must wear a surgical/medical-grade face mask at all times. Surgical face masks will be provided if needed. Cloth or gaiter-style masks cannot be worn in an Inova care site.

Those who meet the definition of a **Designated Support Person (DSP)\*** are not considered a visitor or companion and are allowed 24/7 access. For more information visit [inova.org/visit](http://inova.org/visit).

## Visitation Guidelines: Definitions and Details

### Designated Support Person (DSP)

If a patient has a documented diagnosis of a pre-existing disability requiring ongoing support in the community, he or she may request continued support and assistance from their **Designated Support Person (DSP)**. The DSP must be over the age of 18 and be knowledgeable about the patient's specific needs related to the disability.

A DSP may be allowed to stay with the patient in designated areas 24/7, and is requested to enter/leave the building between the hours of 6 a.m. – 11 p.m. Up to two persons may share DSP duties; however only one person is allowed per day.

A person with a pre-existing disability who utilizes ongoing support from an individual in the community may bring a DSP to all Inova locations and treatment centers.

For more information on visitation guidelines, please visit [inova.org/visit](https://www.inova.org/visit)

### Visitors

A **visitor** is defined as anyone the patient determines significant to their well-being and whose presence would enhance their return to health.

### Companions

A **companion** is defined as someone the patient has chosen to remain with them who is not subject to visiting hour restrictions. This also applies to those accompanying patients undergoing diagnostic studies, procedures, or surgery.

As maintaining social distancing is necessary for everyone's safety, we may need to ask persons accompanying our patients to wait in their vehicles.