

## Understanding COVID-19 Test Results

If you have been tested for COVID-19 and your results are available, please review the following information to learn more about your results and what this means for you:

Lab result	What it means
"Not Detected" or "Negative"	You do not have COVID-19
"Detected" or "Positive"	You have COVID-19
"Presumptive Positive"	You should treat this as if you were positive for COVID-19
"Invalid"	There was an issue with your sample and you would want to treat this as a positive until you obtain further guidance from your provider.

### If you have a positive COVID-19 test:

- Visit [CDC website](#) to learn more about "[what to do if you are sick.](#)"
- Continue to isolate yourself at home for at least 5 days from the onset of COVID-19 symptoms.
- If you are still having symptoms after five days, continue in-home isolation until you do not have a fever (without the use of fever-reducing medication) for at least 24 hours. Reach out to your [primary care](#) provider to determine if additional follow-up may be needed.

### If you have a negative COVID-19 test:

- Continue to isolate yourself at home until you do not have a fever (without the use of fever reducing medication) for at least 24 hours.
- If you are feeling ill and want to be seen, please contact your primary provider. If your primary care provider is not available, please visit an Inova Urgent Care Clinic, open daily 8 a.m. – 8 p.m. Locations can be found at [www.inova.org/urgentcare](http://www.inova.org/urgentcare).

### For follow up care:

- Contact your [primary care](#) provider, or go to the nearest [urgent care center](#) or [emergency department](#), if you develop these warning signs or are having more severe symptoms, including:
  - Trouble breathing
  - Persistent pain or pressure in the chest
  - New confusion
  - Inability to wake or stay awake
  - Bluish lips or face

For additional COVID-19 information, please visit [www.inova.org/covid](http://www.inova.org/covid). You can also learn about COVID-19 research opportunities at [www.inova.org/clinical-trials](http://www.inova.org/clinical-trials).