

## Understanding Your COVID-19 Test Results

If you have been tested for COVID-19 and your results are available, please review the following information to learn more about your results and what this means for you:

- If your lab result is "**Not Detected**" or "**Negative**", then you are **NEGATIVE** for COVID-19.
- If your lab result is "**Detected**" or "**Positive**", then you are **POSITIVE** for COVID-19.
- If your lab result is "**Presumptive Positive**", then you should treat this as though you are **POSITIVE**.
- If your lab result is "**Invalid**", then there may have been an issue with your sample and you would want to treat this as a **POSITIVE** until you obtain further guidance from your provider.

### If you have a **POSITIVE** COVID-19 test:

- Visit [CDC website](#) to learn more about "[what to do if you are sick.](#)"
- Continue to isolate yourself at home for at least 5 days from the onset of COVID-19 symptoms.
- If you are still having symptoms after five days, continue in-home isolation until you do not have a fever (without the use of fever-reducing medication) for at least 24 hours. Reach out to your primary care provider to determine if additional follow-up may be needed.
- Contact your primary care provider or go to the nearest emergency department if you develop the warning signs or having more severe symptoms, including:
  - Trouble breathing
  - Persistent pain or pressure in the chest
  - New confusion
  - Inability to wake or stay awake
  - Bluish lips or face

### If you have a **NEGATIVE** COVID-19 test:

- Continue to isolate yourself at home until you do not have a fever (without the use of fever reducing medication) for at least 24 hours.
- If you are feeling ill and want to be seen, please contact your primary provider. If your primary care provider is not available, please visit an Inova Urgent Care Clinic, open daily 8 a.m. – 8 p.m. Locations can be found at [www.inova.org/urgentcare](http://www.inova.org/urgentcare).

For additional COVID-19 information, please visit: [www.inova.org/covid](http://www.inova.org/covid). For information on COVID-19 Research Opportunities, please visit: [www.inova.org/clinical-trials](http://www.inova.org/clinical-trials).