



July 2020

Dear Prospective Sports Medicine Fellow -

Thank you for your interest in the Sports Medicine fellowship programs in the Washington DC Metro Area. Several fellowship programs in our area have come together, closely collaborating to provide a unique, mutually-beneficial educational cooperative. We call ourselves the National Capital Sports Medicine Consortium (NCSMC). We welcome the opportunity to share a few things that make us special.

### ***What is NCSMC?***

NCSMC is currently made up of 4 fellowship programs in the greater Washington, DC Metro Area. These include the tri-service military program based out of USU and Ft. Belvoir Community Hospital, as well as 3 civilian programs: VCU - Fairfax Family Practice (Family Medicine based), MedStar - National Rehabilitation Hospital (PM&R based), and MedStar – Georgetown /Washington Hospital Center (Emergency Medicine based). Together, we have 10-12 fellows each year and nearly two dozen full-time sports medicine faculty.

### ***What makes NCSMC unique?***

- 10-12 multi-disciplinary, tight-knit fellows working together both scholastically and cooperating clinically
- Twice weekly large-group didactic sessions led by multidisciplinary sports medicine faculty
- Research track & faculty development modules imbedded in core didactics
- Longitudinal Sports Ultrasound curriculum taught by nationally renowned instructors
  - 20+ sessions, including regenerative medicine & multiple cadaver / injection workshops

Our faculty and fellows come from all primary care sports specialties and share their experiences in a wide range of clinical and didactic settings. Together we cover approximately 20 high schools, 10 colleges, and 10 professional teams as well as several road races/marathons, Special Olympics, Warrior Games (military para-olympics), ski clinics, and other sports events.

### ***How do I apply to the NCSMC programs?***

Each civilian program accepts applications through ERAS on an individual program basis. Please feel free to reach out to the individual program directors with any questions. The military program is open to military applicants only.

Once again, thank you for your interest in our fellowship programs. We are proud of our collaborative relationships and the training experience we offer. We look forward to learning more about you!

Regards,

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