

Sample Block Schedules

Block	1	2	3	4	5	6	7	8	9	10	11	12	13
Institution	IFMC	IFMC	IFMC	IFMC	IFMC	IFMC	IFMC	IFMC	IFMC	IFMC	IFMC	IFMC	IFMC
Rotation	Wards	ICU	Elec/RRT	CCU	PP/Elec	NF/VAC	Wards	Ambu/PSQI	NF/VAC	Wards	Wards	Elective	Wards
%Outpatient	10%	0%	50%	0%	50%	0%	10%	100%	0%	10%	10%	100%	10%
%Research	0%	0%	0%	0%	0%	0%	0%	0%	0%	0%	0%	0%	0%

PGY-1 Year Block Schedule - All PGY-1 year electives will be outpatient/office-based

Wards = inpatient general medicine

ICU = medical Intensive Care Unit

CCU = Coronary Care Unit

NF = Night Float (4 weeks total)

Elec = Elective

Ambul = Required Ambulatory Block (2 weeks)

PP = Required POCUS and Palliative Care Introductions (2 weeks)

PSQI = Required Patient Safety and Quality Improvement (2 weeks)

RRT = Rapid Response Team (2 weeks)

VAC = Vacation

PGY-1 Electives

Outpatient infectious diseases, outpatient nephrology, outpatient pulmonary medicine, outpatient cardiology and cardiac diagnostics, (option of developing a personalized outpatient elective which could include other fields such as outpatient urology, outpatient ENT, dermatology.)

Block	1	2	3	4	5	6	7	8	9	10	11	12	13
Institution	IFMC	IFMC	IFMC	IFMC	IFMC		IFMC	IFMC	IFMC	IFMC	IFMC	IFMC	IFMC
Rotation	Wards	Elec/RRT	Vac/NF	Geri	CCU	Elec	Wards	ICU	Rsch	Wards	NF/Vac	Elec	Elec/ED
%Outpatient	10%	*	0%	100%	0%	*	10%	0%	20%	10%	0%	*	*
%Research	0%	10%	0%	0%	0%	10%	0%	0%	80%	0%	0%	0%	10%

PGY-2 Year Block Schedule – PGY-2/PGY-3 electives listed below

Block	1	2	3	4	5	6	7	8	9	10	11	12	13
Institution	IFMC	IFMC	IFMC	IFMC	IFMC	IFMC	IFMC	IFMC	IFMC	IFMC		IFMC	IFMC
Rotation	Elective	Vac/NF	Rsch	Wards	Wards	Elec/RRT	Periop	ICU/CCU	Add/Elec	Ward	Elective	Neuro	NF/Vac
%Outpatient	10%	0%	20%	10%	10%	*	50%	0%	*	10%	*	20%	0%
%Research	0%	0%	80%	0%	0%	0%	0%	0%	0%	0%	10%	0%	0%

PGY-3 Year Block Schedule – PGY-2/PGY-3 electives listed below

*PGY-2/PGY-3 electives – (In total, must have 50% outpatient/clinic experience)

Research, Procedure elective, Hematology and/or Oncology, Sick Cell Clinic, Cardiology consults, Pulmonary consults, Interventional pulmonology, Gastroenterology, Rheumatology, Nephrology, Infectious Diseases, Pulmonary Transplant, Endocrinology, Allergy and Immunology, Advanced Heart Failure, Ethics, Obesity Clinic, Health IT and option of developing a personalized elective with the approval of the program director. In addition, each PGY-2 or PGY-3 must have completed 2-4 weeks of Neurology and 3-4 weeks of Geriatrics/Palliative Care before graduation.

Notes:

1. IFMC = Inova Fairfax Medical Campus
2. All three years will have a total of 13 – four-week-long blocks
3. NF = Night Float, four weeks total per year
4. Vac = vacation – total of four weeks per year
5. Rsch = Research elective month
6. Periop = two weeks pre-procedural clinic, two weeks inpatient general medicine consults
7. RRT = Rapid Response Team — two weeks
8. Add = Addiction medicine, two weeks
9. Neuro = Neurology
10. Geri = Geriatrics
11. ED = Emergency Medicine
12. Continuity clinics will be once a week from 1pm-5pm during wards, and three-to-four half days per two-week electives, research months. No clinic during ICU, CCU, NF, RRT
13. One away elective permitted for PGY-2/PGY-3 year