

Policy Title: Pharmacy Resident Duty Hours	Version Number: 2.0
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Approved By Signature below:	Date: July 2020, August 2022,
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## Purpose:

Define the guidelines for pharmacy resident duty hours.

## Applies to:

All pharmacy residents within the Inova Health System (IHS). This applies to both Post Graduate Year 1 and 2 (PGY1&2).

## **Definitions:**

Duty Hours - The term "duty hours" refers to all scheduled clinical and academic activities, regardless of setting, related to the pharmacy residency program that are required to meet the educational goals and objectives of the program. This includes inpatient and outpatient care; staffing/service commitment; in-house call; administrative duties; work from home activities; and scheduled and assigned activities such as conferences, committee meetings, and health fairs that are required to meet the goals and objectives of the residency program. Duty hours do NOT include: reading, studying, and academic preparation time for presentations and journal clubs; travel time to and from conferences; and hours that are not scheduled by the residency program director or a preceptor.

# **Policy Description:**

- 1. ASHP Duty-Hour Requirements for Pharmacy Residents
- 2. Residents must be fully rested and fit for duty to provide services required by the patients and health care.
- 3. Residents and preceptors must accept personal and professional responsibility for patients that supersedes self-interest.
- 4. The resident is provided a schedule of all anticipated staffing shifts and is included on the posted pharmacist staffing schedule throughout the year. This schedule may be adjusted throughout the year to fit the needs of the department



- 5. Residents are excused from required staffing hours to attend the ASHP Midyear meeting and other assigned conferences.
- 6. Residents are limited to 80 hours per week, averaged over a four-week period. All moonlighting hours must be counted toward the 80-hour maximum weekly hour limit. See separate Moonlighting policy.
- Residents have a minimum of one day in seven days free of duty (when averaged over 4 weeks). Residents are not on-call on these duty-free days. Residents must have at a minimum 8 hours between scheduled duty periods.
- 8. Continuous duty periods of residents should not exceed 12 hours.
- 9. For residents who perform "at-home" or other call hours, the following should be included in the 80 hours per week duty hour calculation:
- a. Any time spent in the hospital/organization as a result of responding to a call
- b. Any time spent at home or otherwise outside of the hospital/organization on activities directly related to responding to a call
- 10. Each month, the resident is expected to complete the resident duty hour attestation within PharmAcademic.
- 11. The Residency Program Director (RPD) will ensure completion of the resident duty hour attestation in PharmAcademic on a monthly basis and document as part of the residents customized training plan.
- 12. If the RPD notes any instances of non-compliance with the provisions of the Duty Hours policy, the following steps will be taken:
- a. The RPD will meet with the resident involved to 1) review the Duty Hour policy with the resident to ensure understanding of expectations and 2) discuss the details of the occurrence to identify root causes.
- b. Based on the root causes identified, the RPD will follow up with additional individuals as appropriate (eg, rotation preceptor, pharmacy leadership, etc.) to correct contributing actions/behaviors and/or make modifications to the structure of the residency program in conjunction with the program's Residency Advisory Committee.

## Addenda:

None