

# INOVA VISITATION GUIDELINES

Effective as of July 19, 2021

## ALL VISITORS

- Everyone who visits Inova must be free of COVID-19 symptoms.
- Visitors must be age 16 or older.
- In keeping with the Centers for Disease Control and Prevention's (CDC) current guidance, **regardless of vaccination status, everyone** in a healthcare facility **must wear a mask covering their mouth and nose the entire time they are in the facility and maintain a physical distance of six feet from others.**
  - If you fail to wear a mask properly, you will be asked to leave.
  - The following face coverings **cannot be worn at any Inova location:**
    - Gaiter-style masks
    - Bandanas
    - Vented masks
- No visitors are allowed for patients with suspected or confirmed COVID-19, **except** in end-of-life situations.
- Virtual visits are available for adult and adolescent patients at the patient's request.

## HOSPITAL INPATIENTS

- Visitation hours are from 9 a.m. – 6:30 p.m. daily.
  - There are exceptions for end-of-life situations, active labor patients and clergy.
- Adult patients may have two visitors at a time in addition to a Designated Support Person (DSP)\*.
- Pediatric patients may have two parents/guardians at the bedside 24/7.
  - Non-ICU pediatric patients may have two additional visitors, but only during visitation hours.
  - Additional visitors for PICU and NICU patients will be determined on a case-by-case basis.

## HOSPITAL OUTPATIENTS/ EMERGENCY ROOM (ER)

- Adult outpatients may have one visitor in addition to their Designated Support Person (DSP)\*.
- Pediatric outpatients may have parents/guardians only.

## BEHAVIORAL HEALTH INPATIENTS

- The adult and adolescent units have different guidelines from the general visitation policy. Please go to [inova.org/visit](https://inova.org/visit) for full details.

*\*See definition on back.*

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## DESIGNATED SUPPORT PERSON DEFINED

If a patient has a **documented diagnosis of a pre-existing disability requiring ongoing support in the community**, he or she may request continued support and assistance from their **Designated Support Person (DSP)**. The DSP must be over the age of 18 and be knowledgeable about the patient's specific needs related to the disability. A DSP may be allowed to stay with the patient in designated areas 24/7 and is requested to enter/leave the building between the hours of 6 a.m. and 11 p.m. Up to two people may share DSP duties; however, only one person is allowed per day.

A person with a preexisting disability who utilizes ongoing support from an individual in the community may bring a DSP to all Inova locations and treatment centers.