INOVA HEART & VASCULAR INSTITUTE

2015

CARDIOVASCULAR SYMPOSIUM

SATURDAY, APRIL 25TH - SUNDAY, APRIL 26TH
THE RITZ-CARLTON, TYSONS CORNER, VA
WELCOME

Dear Colleague,

As the new CEO of Inova Heart and Vascular Institute, it is my distinct pleasure to invite you to the Inova Heart and Vascular Institute 2015 Cardiovascular Symposium.

Along with my colleague and course director, Dr. Merdod Ghafouri, we have assembled a group of internationally recognized faculty who will discuss and present novel information across the broad spectrum of cardiology and cardiovascular health policy. We are committed to making this one of the most interactive and effective educational opportunities available.

It is our hope that you will take time to interact with the faculty and enjoy your colleagues during this beautiful time of the year in Washington DC. Again, it is with great pleasure that I welcome you to the nation’s capital, and the IHVI Cardiovascular Symposium. I look forward to having an opportunity to meet with you and share some of the many exciting activities that are and will be occurring at the Inova Heart and Vascular Institute. The stage is set for a great annual meeting.

Christopher M. O’Connor, M.D., FACC
Adjunct Professor, Duke Clinical Research Institute
CEO, Inova Heart and Vascular Institute

SATURDAY, APRIL 25

7:00 - 7:50 AM
Registration and Continental Breakfast

7:50 - 8:00 AM
Opening Remarks
Dr. Merdod Ghafouri and Dr. Christopher O’Connor

Session 1
Cardiometabolic Syndrome & Dyslipidemia
Moderator: Dr. Joseph Kiernan

8:00 - 8:20 AM
Dr. William Roberts
Reflections from Studying Coronary Artery Disease for 50 Years

8:20 – 8:40 AM
Dr. Steven Nissen
Insights from Intravascular Ultrasound Studies Assessing the Regression and Progression of Coronary Artherosclerosis

8:40 – 9:00 AM
Dr. Nicholas Christakis
How Your Friends’, Friends’, Friends Affect Your Health

9:00 – 9:20 AM
Dr. Szilard Voros
Leveraging Genomics, Biomarkers, and Cardiac Imaging to Individualize Preventive Cardiac Care

9:20-9:45 AM
Question and Answer Session with Panel Discussion
Moderator: Dr. Joseph Kiernan
Panelists: Dr. William Roberts, Dr. Steven Nissen, Dr. Nicholas Christakis, Dr. Szilard Voros, Dr. Robert Cunnion

9:45-10:00 AM
Break and Exhibits
**Session 2**
**Innovations in Healthcare**
*Moderator: Dr. Merdod Ghafouri*

- **10:00-10:20 AM**
  - Mark Stauder
  - *The Evolving Relationship Between Providers & Payors*

- **10:20-10:40 AM**
  - Dr. Nicholas Christakis
  - *Networks to Intervene in Health and Health Care*

- **10:40-11:00 AM**
  - Dr. Eric Peterson
  - *Big Data: How Can It Guide Health Care Reform?*

- **11:00-11:30 AM**
  - **Question and Answer Session with Panel Discussion**
    *Moderator: Dr. Merdod Ghafouri*
    *Panelists: Mark Stauder, Dr. Nicholas Christakis, Dr. Eric Peterson, Chas Roades*

- **11:30 AM-12:00 PM**
  - *Lunch*

- **12:00-12:35 PM**
  - Stephen Covey
  - *Speed of Trust*

**Session 3**
**Congestive Heart Failure**
*Moderator: Dr. Christopher O’Connor*

- **12:35-1:00 PM**
  - Dr. Christopher O’Connor
  - *Acute Decompensated Heart Failure: New Strategies for the Prevention of Re-Hospitalization*

- **1:00-1:20 PM**
  - Dr. Clyde Yancy
  - *Heart Failure 2015: Current Guidelines and a New Paradigm*

- **1:20-1:40 PM**
  - Dr. Vasken Dilsizian
  - *Controversies in Myocardial Viability Imaging and the Role of Viability Testing in Revascularization*

  **1:40-2:00 PM**
  - **Question and Answer Session with Panel Discussion**
    *Moderator: Dr. Christopher O’Connor*
    *Panelists: Dr. Shashank Desai, Dr. Clyde Yancy, Dr. Vasken Dilsizian*

- **2:20-2:40 PM**
  - **Break and Exhibits**

**Session 4**
**Structural Heart Disease**
*Moderator: Dr. Bryan Raybuck*

- **2:40-3:00 PM**
  - Dr. William O’Neill
  - *Innovations in Structural Heart Disease: An Exciting New Era*

- **3:00-3:25 PM**
  - Dr. Jeffrey Popma
  - *Transcatheter Mitral Valve Replacement: A Bridge Too Far*

- **3:25-3:50 PM**
  - Dr. Howard Herrmann
  - *Severe Aortic Valve Stenosis: How to Decide Between SAVR and TAVR?*

- **3:50-4:20 PM**
  - **Question and Answer Session with Panel Discussion**
    *Moderator: Dr. Bryan D. Raybuck*
    *Panelists: Dr. William O’Neill, Dr. Jeffrey Popma, Dr. Howard Herrmann*

- **4:20-6:30 PM**
  - *Welcome Reception Honoring IHVI’s New CEO, Dr. Christopher O’Connor*
  - *Wine and Hors d’Oeuvres*
Session 5
Valvular Heart Disease
Moderator: Dr. Paul Massimiano

7:00 - 7:45 AM
Continental Breakfast and Exhibits

7:45 – 8:00 AM
Opening Remarks
Dr. Merdod Ghafouri, Patrick Christiansen, and Dr. Robert Shor

8:00-8:20 AM
Dr. Blasé Carabello
Functional Mitral Regurgitation: Why Did We Change the Name?

8:20-8:40 AM
Dr. Robert Bonow
Current Challenges in Management of Aortic Stenosis

8:40-9:00 AM
Dr. Steven Bolling

9:00-9:30 AM
Question and Answer Session with Panel Discussion
Moderator: Dr. Paul Massimiano
Panelists: Dr. Blasé Carabello, Dr. Robert Bonow, Dr. Steven Bolling, Dr. Albert Kim

9:30-9:45 AM
Break and Exhibits

Session 6
The Changing Face of Cardiovascular Care Delivery
Moderator: Dr. Merdod Ghafouri

9:45-10:05 AM
Joe Kiani
Role of Technology in Patient Safety and Reducing Costs

10:05-10:25 AM
Dr. Charles Brown, III
Driving Value through Integration and Alignment

10:25-10:45 AM
Dr. Anthony DeMaria
What Will Cardiology Practice Be in 2025?

10:45-11:30 AM
Question and Answer Session with Panel Discussion
Moderator: Dr. Merdod Ghafouri
Panelists: Shalom Jacobovitz, Patrick Christiansen, Joe Kiani, Dr. Charles Brown III, Dr. Anthony DeMaria

11:30-11:40 AM
Break and Exhibits

Session 7
Women and Heart Disease
Moderator: Dr. Margie Akbari

9:45-10:05 AM
Dr. C. Noel Bairey Merz
Evolution of Ischemic Heart Disease in Females

10:05-10:25 AM
Dr. Nanette Wenger
Transforming Cardiovascular Disease Prevention in Women: Time for the Pygmalion Construct to End

11:30-12:00 PM
Dr. Nanette Wenger
Transforming Cardiovascular Disease Prevention in Women: Time for the Pygmalion Construct to End

12:00-12:20 PM
Question and Answer Session with Panel Discussion
Moderator: Dr. Margie Akbari
Panelists: Dr. C. Noel Bairey Merz, Dr. Nanette Wenger, Dr. Kelly Epps, Dr. Azita Moalemi

12:20-12:40 PM
Question and Answer Session with Panel Discussion
Moderator: Dr. Margie Akbari
Panelists: Dr. C. Noel Bairey Merz, Dr. Nanette Wenger, Dr. Kelly Epps, Dr. Azita Moalemi

12:40 PM
Adjourn
OVERVIEW

The Inova Heart and Vascular Institute 2015 Cardiovascular Symposium provides clinicians with a working knowledge of clinically relevant and up-to-date topics using a combined lecture and case study approach. This interactive, evidence-based conference combines prestigious speakers and cutting-edge clinical research for a practical overview of commonly encountered problems in clinical cardiology, focusing on the prevention, diagnosis, and treatment of cardiovascular disease.

STATEMENT OF NEED

The statistics surrounding heart disease are staggering. As presented by the CDC, heart disease is the leading cause of death for both men and women, with most racial/ethnic groups in the United States, including African Americans, Hispanics, and whites, being affected. According to the heart disease and stroke statistics released by the American Heart Association in 2012, more than 2,200 Americans die of cardiovascular disease each day, an average of one death every 39 seconds.

EDUCATIONAL OBJECTIVES

Upon completion of this course, participants should be able to:

1. Identify advances in PCI, including bioabsorbable stents
2. Discuss treatment of multivessel CAD and role of DES vs CABG
3. Describe the role of mitral valve clip in degenerative mitral regurgitation
4. Define shared decision making in severe aortic stenosis, SAVR vs TAVR
5. Describe management of stage D heart failure; LVAD vs cardiac transplant

TARGET AUDIENCE

The Inova Heart and Vascular Institute 2015 Cardiovascular Symposium is designated for cardiovascular clinicians, internists, hospitalists, primary care physicians, fellows and residents in training, advanced practice nurses, nurses in cardiology and other medical professionals interested in cardiovascular disease management.

ACCREDITATION STATEMENT

This activity has been planned and implemented in accordance with the Essential Areas and Policies of the Medical Society of Virginia (MSV) through the Inova Health System Office of Continuing Medical Education. The Inova Health System Office of Continuing Medical Education is accredited by the Medical Society of Virginia to provide continuing medical education for physicians.

The Inova Office of Continuing Medical Education designates this educational activity for a maximum of 10 AMA PRA Category 1 Credit(s)™. Physicians should only claim credit commensurate with the extent of their participation in the activity. Physicians may claim up to 10 credits in Type 1 CME on the Virginia Board of Medicine Continued Competency and Assessment Form required for renewal of an active medical license in Virginia.

FACULTY DISCLOSURE

In accordance with Continuing Medical Education requirements on disclosure, information regarding any relationships between presenters and commercial interests (if any) will be disclosed at the conference. The faculty is expected to disclose to the program audience any real or apparent conflicts of interest related to the content of their presentations. The faculty is also required to identify any reference to off-label usage or research data included in their presentations.

SUPPORTERS AND SPONSORS

The Inova Heart and Vascular Institute 2015 Cardiovascular Symposium gratefully acknowledges the educational support and sponsorship provided by the following organizations.
REGISTRATION AND ACCOMMODATIONS

REGISTRATION INFORMATION
Advance registration is encouraged as space is limited. Registration is available online at www.inova.org/cardiome. The registration fees listed on the registration form include conference attendance, syllabus, continental breakfasts, breaks and lunch.

CANCELLATION POLICY
Written notice of cancellation received by April 10, 2015 will receive a refund of total registration paid, less a $25 administrative fee. The registration fee is non-refundable for cancellations received after April 10, 2015.

CONFERENCE LOCATION
The Ritz-Carlton, Tysons Corner
1700 Tysons Boulevard
McLean, Virginia 22102

* Less than 15 miles from Washington, DC, Tysons Corner offers close proximity to all that the Nation’s Capital has to offer.

ACCOMMODATIONS
Guest rooms have been reserved for attendees with a special rate at The Ritz-Carlton, Tysons Corner. In order to receive the special rate, reservations must be made before March 25, 2015. Please note that rooms at the group rate are limited and may be sold out before the cut-off date.

After March 25, 2015, reservations will be taken based on space and rate availability. When making your reservation, identify yourself as a participant on the Inova Heart and Vascular Institute Cardiovascular Symposium.

Group: INOVA Heart & Vascular Institute Cardiovascular Room Block
Rate: Deluxe Room $189 single or double plus applicable taxes
Reservations Number: 1-800-241-3333
Group Code: HEAHEAA (when booking online)

Questions?
Contact Rebecca Hanson at 703-776-3068 or rebecca.hanson@inova.org

TITLES AND AFFILIATIONS OF SPEAKERS

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REGISTER NOW!

www.inova.org/cardiocme