Inova Neuroscience and Spine Institute
3300 Gallows Road
Falls Church, VA 22042

Inova Neuroscience and Spine Institute presents
Friday, July 22, 2016 • 7:30 a.m. – 4:15 p.m.
Lansdowne Resort
Lansdowne Amphitheatre
44050 Woodridge Parkway
Lansdowne, VA 20176

Concussion: 2016 Updates on Assessment and Management

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Target Audience: Physicians in all specialties and subspecialties, rehabilitation practitioners, athletic trainers, mid-level providers and nurses.

Accreditation: The Inova Office of Continuing Medical Education is accredited by the Medical Society of Virginia to sponsor continuing medical education for physicians.

Credit Designation: The Inova Office of Continuing Medical Education designates this educational activity for a maximum of 7.0 AMA PRA Category 1 Credit(s)™. Physicians should only claim credit commensurate with the extent of their participation in the activity. Physicians may claim up to 70 credits in Type 1 CME on the Virginia Board of Medicine Continued Competency and Assessment Form required for renewal of an active medical license in Virginia. Athletic trainers may claim up to 7.0 CEUs from the BOC.

RSVP to Michele Theiss at 703.776.4023 or Michele.Theiss@inova.org

Agenda

<table>
<thead>
<tr>
<th>Time</th>
<th>Activity</th>
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<tr>
<td>7:30 a.m. - 8:00 a.m.</td>
<td>Registration and Breakfast</td>
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<td>8:00 a.m. - 8:05 a.m.</td>
<td>Opening Remarks Dr. Jill McCabe, Director of Pediatrics, Inova Loudoun Hospital</td>
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<tr>
<td>8:05 a.m. - 9:00 a.m.</td>
<td>Session I: Epidemiology/Pathophysiology/Updates on CTE Dr. William Meehan, Director, Micheli Center for Sports Injury Prevention, Boston Children's Hospital</td>
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<td>9:00 a.m. - 9:55 a.m.</td>
<td>Session II: Pediatric Concussion Dr. Christina Master, Pediatric Sports Medicine, Children's Hospital of Philadelphia</td>
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<td>9:55 a.m. - 10:05 a.m.</td>
<td>Break</td>
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<tr>
<td>10:05 a.m. - 11:00 a.m.</td>
<td>Session III: Physiological Changes Post Concussion/Effects of Exercise Dr. John Leddy, Director, University of Buffalo Concussion Clinic</td>
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<td>11:00 a.m. - 11:30 a.m.</td>
<td>Session IV: Medication Management Dr. Jessica Wertz, Inova Sports Medicine</td>
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<tr>
<td>11:30 a.m. - 12:00 p.m.</td>
<td>Session V: Ocular Motor Assessment and Management Dr. Peyam Mojallel, Acuity Vision Care, Ashburn, VA</td>
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<tr>
<td>12:00 p.m. - 12:45 p.m.</td>
<td>Lunch</td>
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<td>12:45 p.m. - 1:15 p.m.</td>
<td>Session VI: Clinical Trajectories of the Concussion Patient Dr. Peyam Mojallel, Acuity Vision Care, Ashburn, VA</td>
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<td>1:15 p.m. - 1:45 p.m.</td>
<td>Session VII: The Cervical Spine: Assessment for Symptom Contributions and Management Dr. William Meehan, Director, Micheli Center for Sports Injury Prevention, Boston Children's Hospital</td>
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<tr>
<td>1:45 p.m. - 2:15 p.m.</td>
<td>Session VIII: The Vestibular Patient Jennifer Willey, DPT</td>
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<td>2:15 p.m. - 2:45 p.m.</td>
<td>Case Studies – Bringing it All Together</td>
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<tr>
<td>3:00 p.m. - 3:30 p.m.</td>
<td>Breakout Sessions 1</td>
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<tr>
<td>3:45 p.m. - 4:15 p.m.</td>
<td>Breakout Sessions 2</td>
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Breakout Sessions

Medication Management
Dr. Jessica Wertz, Inova Sports Medicine

Concussion in Youth Sports – Best Practices for Youth Recreational Leagues
TBD

Community Provider Management
Jennifer Baez, CPNP Inova Loudoun Concussion Clinic

Cognitive Rehabilitation
Linda Hall, MS, CCC-SLP

Keynote Speakers
John Leddy, MD
Director, University of Buffalo Concussion Clinic
Professor, Clinical Orthopaedics, University at Buffalo, UBMD Orthopaedics and Sports Medicine

William Meehan, MD
Director, Micheli Center for Sports Injury Prevention, Boston Children’s Hospital

Additional Medical Experts
Anne Blackstone, MSPT
Program Coordinator, Outpatient Specialty Rehabilitation

Paul Lastova, DScPT
Physical Therapy, Inova Loudoun Hospital

Jill McCabe, MD
Director, Micheli Center for Sports Injury Prevention, Boston Children’s Hospital

Peyam Mojallel, MD
Acuity Vision Care, Ashburn, VA

Jessica Wertz, DO
Inova Sports Medicine Program

Jennifer Willey, DPT
Physical Therapy, Inova Loudoun Hospital

Sessions Include
- Didactics
- Demonstrations
- Breakout sessions
- Skills lab
- 1:1 with faculty

Learning Objectives
- Appraise the epidemiology and pathophysiology of chronic traumatic encephalopathy (CTE)
- Differentiate pediatric concussion management
- Illustrate and evaluate cervical spine injuries
- Examine the effects of exercise
- Illuminate effective ocular motor management

Program Cost
Free to ALL students and non-physician, Inova employees.
For physicians and non-Inova employees the fee is $109.00.