It is my pleasure to share our stories of nursing excellence with you.

Inova Nurses are more than 5,000 strong. They make a difference every day throughout our system by delivering compassionate, comprehensive, and evidence-based care. Across our five hospitals and 130 primary and specialty care medical practices, outpatient and ambulatory facilities, home care, community-based health centers as well as a long-term senior care center, Inova touches more than two million lives in a year.

The engagement of Inova nurses at all levels – from direct caregivers to executives – is key to delivering the quality of care we provide every time, every touch. Through our nurses’ dedication to our patients and our organization’s commitment to professional growth and discovery, our nurses are leading the way in improving the health of our communities. They are driven to participate in shared governance, to lead evidence-based practice teams, participate in quality improvement and/or research studies, and disseminate their learnings in articles, presentations and posters. Our nurses’ continued exploration and commitment to patient care has resulted in raising standards in quality, safety and the patient experience at Inova. We are indeed “stronger together.”

I would like to take this opportunity to personally thank each of our nurses for the warm welcome they provided me when I joined the Inova team in September, 2017. It was immediately evident that Inova Nurses are well respected and contribute at all levels of the organization. I am honored to work with such a talented team of professionals and proud to share the 2017 accomplishments in this Nursing Annual Report.

Maureen E. Sintich, DNP, MBA, RN, WHNP-BC, NEA-BC
EVP, Chief Nursing Officer, Inova Health System

THANK YOU to all who support Inova Nurses!

Inova is committed to attracting and retaining the most talented and skilled nurses, and to ensuring our nurses have robust professional development opportunities. Inova is grateful to our donors for their generous support in funding many of the scholarships and awards highlighted here. Philanthropic gifts allow us to support our nurses as they seek to advance their skills, further their education and provide personal and highly skilled care to all of our patients. To all of our nursing donors we say, “Thank You!”
Inova’s Nursing Vision, Mission and Strategic Plan

**OUR NURSING VISION**
Create a world class nursing environment of global distinction where service, community, compassion and innovation foster excellence in nursing practice, education and research.

**OUR NURSING MISSION**
To provide our community with the best nursing practice, education and research in the world.

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### Nursing Strategic Plan

#### INOVA NURSING OBJECTIVES

- **Engagement**
  - Create a Healthy Work Environment supporting professional nursing at Inova

- **Affordability**
  - Continue with Flex Staffing to meet demand
  - Partner with Finance to create a business case to add indirect care time for nurses

- **Model of Care (Service & Affordability)**
  - Operationalize all components of the Model of Care
  - Create a Model of Care Education Toolkit for leadership and staff

- **Professional Development (Quality)**
  - Leadership development for Inova nurses
  - Recognize and support nurses participation in local and national organizations
  - Support professional development for CTS aspiring to achieve nursing degree

- **Nursing Research and Evidence-Based Practice**
  - Ensure nurses are utilizing EBP at the bedside
  - Integrate EBP into new Nurse Hire Onboarding

#### INOVA NURSING GOALS

- RN vacancy rate of 3.1% by Q4 2016
- 97% of all inpatient units will meet staffing targets at 100% by Q4 2016
- Improve systemwide RN engagement to >5.1 by Q4 2016

- Implement Kronos workload scheduling system by Q3 2016
- Create a business case for adding indirect time by Q3 2016

- Implement Mid-Shift Huddle across the system by Q4 2016
- Develop Education Toolkit by Q3 2016, Implement Q4 2016
- HC-CAHPS Scores to be at the 60th percentile by Q4 2016

- Develop a formal leadership program for staff nurses and nurse leaders by Q3 2016
- Fund professional association membership fees for nurse leaders by Q1 2017
- Provide additional financial support for CTS enrolled in BSN programs by Q1 2017

- Develop EBP Mentorship Program by Q3 2016, Implement by Q4 2016
- Develop a standard work for accessing and utilizing EBP by Q3 2016

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**Inova Health System Vision**
To optimize the health and well-being of each individual we serve.

**Inova Health System Mission**
To improve the health of the diverse community we serve through excellence in patient care, education and research.

**Inova Nursing Vision**
Create a world class nursing environment of global distinction where service, community, compassion and innovation foster excellence in nursing practice, education and research.

**Inova Nursing Mission**
To provide our community with the best nursing practice, education and research in the world.
Inova’s Nursing Professional Practice Model

Shared Transformational Leadership
- Decision Making
- Empowerment
- Autonomy
- Accountability
- Succession Planning
- Innovation

Meaningful Recognition
- ADVANCE: Clinical Ladder
- Education Advancement
- Professional Certification
- Awards and Honors

Optimal Outcomes

Evidence Based Practice
- Nurse Driven Research
- Clinical Inquiry
- Translating/Empowering Findings into Practice
- Evaluate/Improve Outcomes

Care Delivery System
- Patient-centered
- Respect of Patient and Family Preferences
- Team Approach
- Efficient

Professional Vision and Value
- Culture of Safety
- Clinical Excellence
- Work Life Balance
- Appreciation of Diversity

Inova Nursing At-A-Glance

17,500 Employees

5,112 Registered Nurses
71.5% BSN in 2017

1,258,058 for scholarships and continuing education programs hosted at Inova in 2017 through generous philanthropic support

1,700+ licensed beds

141,132 raised by Inova nurses for community outreach and organizations like March of Dimes, American Heart Association, & American Cancer Society

5 Hospitals
130 Primary & Specialty Care Practices
27 Community Clinics
8,000+ Home Health Clients
1 Senior Nursing and Rehab Center

85 trained in Healing Touch

582 new advance promotions

33 Daisy Award Winners
36 Nursing Excellence Award Winners

186 nurses contributed to Research, Quality Improvement or EBP publications or presenters

322 New Certifications
Transformational Leadership

Inova Alexandria Hospital (IAH)

During the February 2017 monthly Shared Governance team meeting called Strategic Initiative Nursing Group (SING), Ashley Rostek, BSN, RN, CMSRN, had an idea to start a new staff recognition award for non-nursing staff. The idea was derived from the existing quarterly nursing recognition award, the Diseases Attacking the Immune System (DAISY®) Award. Ashley felt there was more recognition for the direct care nurse, but not as much for the clinical technicians who are valued members of the team. She wanted a way to recognize individual technicians for going above and beyond their normal duties on the job. The IAH Nursing Shared Governance Team (SING) supported the idea and formed a subcommittee to pursue creating this new award. She sought the approval and input of the existing DAISY committee. The proposed recognition was approved by SING and then by Nursing Leadership in March 2017. This recognition award was titled Techs Utilizing Leadership In Patientcare (TULIP). Since implementation, multiple awards have been issued and there has been an increase in the number of nominations during the last few months of 2017. Ashley also has been working with leadership and the professional development team to create an article and poster about the TULIP recognition. She plans to present this concept at a professional conference.

Inova Fairfax Medical Campus (IFMC)

Transformational leaders advocate for the resources required to support nursing unit and organizational goals. In 2017, Patricia Hill, MSN, RN, NEA-BC, CENP, CNO successfully advocated for resources required to enable IFMC nursing to embark on their journey to Magnet® Excellence. Dedicated hours were budgeted for a new Shared Governance Model which includes Unit-based Practice Councils, Nursing Practice Congress Subcommittees and Nursing Practice Congress meetings. Additionally, dedicated resources for Professional Practice, a Nurse Residency Program was implemented and a Magnet® Program Director was hired in 2017.
Inova Fair Oaks Hospital (IFOH)
Transformational leaders advocate for resources and lead nursing practice and patient care to achieve goals. In 2017, Deborah “Debbie” Fulbrook, BSN, RN, EdM, MHS, NEA-BC, CNO advocated for resources to support IFOH to submit our Magnet® document for our third designation. Resources and dedicated hours were allocated to achieve this goal! Debbie advocated for resources to launch the Nurse Residency program at IFOH to support the transition of the new graduate into practice. Nurse leaders advocated for additional resources, equipment and technology to provide patient care.

Inova Loudoun Hospital (ILH)
2017 was a year of transition for ILH. We said goodbye to our transformational leader, Lisa Dugan, PhD, MBA, RN, NEA-BC, CNO, when she passed away in May 2017. Lisa had successfully led ILH through three Magnet® designations and developed a culture that supported nursing practice. We were fortunate that Marissa Jamarik, DNP, RN, NEA-BC, CNO, a transformational leader who “grew up” at ILH was available to step into Lisa’s shoes and continue to lead our organization and face the challenges in our ever-changing world of healthcare. Dr. Jamarik has advocated tirelessly for the clinical mentor position at ILH in order to support our new hires and also has campaigned for additional equipment and technology, such as the Get Well Network.

Inova Mount Vernon Hospital (IMVH)
The CNO, Dr. Alquietta Brown, PhD, RN strategically positioned IMVH nursing to align with the health system’s key priorities through improving the nursing practice environment. By advocating for resources, nursing changed their staffing grids and were staffed to the matrix 99% of the time. She advocated for four clinical mentor positions to support onboarding of the new graduate nurse. In addition, IMVH Nursing developed a Quarterly Professional Development Program for the RN unit supervisors to support their growth in leadership.

Structural Empowerment

Inova Alexandria Hospital
In 2017, 76 professional development opportunities totaling over $80,000 were reimbursed by the IAH Foundation. Clinical staff from the Cancer Center, Labor & Delivery, and Pharmacy benefitted. Due to the collaboration between the Foundation and Nursing Administration, this is an increase of 400% from 2016. In addition to professional development, over $24,000 in scholarships was awarded to eight recipients by the IAH Foundation.

Inova Fairfax Medical Campus
The new Shared Governance Model developed and implemented at IFMC empowers and enables nurses at all levels across the organization to actively participate in decision-making structures and processes that establish standards of nursing practice and address opportunities for improvement. Communication is multi-directional with information shared at the unit as well as organizational level. Nurses at all levels are included in inter-professional councils, committees and task-forces designed to improve care and patient outcomes. Ongoing preceptor development has impacted the practice environment supporting the enculturation of new nurses to the organization.

Inova Fair Oaks Hospital
Shared Governance Councils at IFOH continue to focus on improving patient care and outcomes. Unit and hospital based councils work to improve the patient experience, support the professional development of the registered nurse, improve patient outcomes through process improvement and implementation of evidence-based practice projects. Through the support of the professional development council, over 92 nurses either obtained specialty certification or achieved RN3 or RN4 promotion in 2017. The clinical practice and safety council focused on improving workplace safety.

All shared governance councils work collaboratively with the interprofessional team to achieve identified goals and to improve the patient experience. Communication between the council is multi-directional with information shared at the unit as well as organizational level. Nurses at all levels are included in inter-professional councils, committees and task-forces designed to improve care and patient outcomes. Ongoing preceptor development has impacted the practice environment supporting the enculturation of new nurses to the organization.
Inova Loudoun Hospital

Nurses at all levels are included in Shared Governance Councils and Unit Practice Councils. The councils are designed to improve nursing care and patient outcomes as well as foster the growth and development of the professional nurse. In 2017, 47 nurses were promoted on the ADVANCE Clinical Ladder and 28 nurses were newly certified. Our Professional Practice Council sponsored an all day Innovation conference, with topics ranging from Early Recovery After Surgery (ERAS) to the development of an Autism/Sensory Friendly environment in the Pediatric ED. This conference reached over 50 participants. At least 20 other nurses were able to attend professional conferences, such as National Teaching Institute (NTI), Emergency Nurses Association (ENA), and Magnet® with the support of philanthropic funds donated by the Stavish Family.

Inova Mount Vernon Hospital

In support of continued professional development, 12 IMVH nurses attended a Med-Surg Certification review class in 2017 and the Rehab Department purchased an online certification review course for the RNs in that area. As of December 2017, 10 Rehab nurses passed their certification and three Med-Surg Nurses became Certified Medical-Surgical Registered Nurse (CMSRN). Three nurses from the Emergency Department (ED) obtained their Certified Emergency Nurse (CEN), and Perioperative Services had two newly certified nurses: one Certified Nurse Operating Room (CNOR) and one Medical Surgical Certification. Also, IMVH sent 15 nurses to various professional conferences throughout the year. Professional Practice developed and implemented a new graduate nursing onboarding program. We continue to support community outreach through monthly Blood Pressure screenings in the community.

Exemplary Professional Practice

Inova Alexandria Hospital

In 2017, a spike in Hospital Acquired Infections (HAIs) indicated drift from best practice, accentuating the need to address processes. Our novice workforce (70% of direct care nurses with two years experience or less) had little intentional education on preventing harm and were relying on novice preceptors. Nursing Essentials, a long-standing traditional day of learning for new nurses, included only 30 minutes on preventing harm and was evaluated for Need to Know and Nice to Know. We convened a multiprofessional team who expanded Nursing Essentials to two days with four hours of education specific to HAIs, comprised of didactic and simulation experiences. Additionally, preceptors were required to attend.

Refocusing education on preventing harm and providing skill assessments increased knowledge and improved quality metrics related to infections. This approach also highlighted the influence of nursing care on outcomes. To further integrate these concepts, the annual skills fair was aligned with Preventing Harm to validate all nurses knowledge and skills of the evidence-based practices associated with infection prevention. Strategies behind restructuring created consistent application of best practices across care environments, supports premise of promoting a healing environment with positive patient outcomes.

Inova Fairfax Medical Campus

Utilizing the Inova Professional Practice Model, IFMC Nurses are achieving high quality patient care outcomes. Reductions in falls, hospital acquired pressure injuries, Central Line Associated Blood Stream Infections (CLABSI) and CatheterAssociated Urinary Tract Infections (CAUTI) illustrate the nurses’ focus on exemplary clinical outcomes as the results of clinical practices grounded in evidence. Another example of an improved clinical outcome in 2017 is the significant reduction in time to electrocardiography (EKG) at the Reston ED. IFMC Nurses are also working to improve their practice environment while improving safety; a recent project in our Cardiovascular Intensive Care Unit (CVICU) focused on reduction of alarm fatigue through implementation of evidence-based critical alarm parameters. This resulted in a 30% reduction in the number of alarms per bed per day, equating to 40,000 less alarms per month.

Inova Fair Oaks Hospital

Utilizing the Inova Professional Practice Model, patients at IFOH continue to see exceptional patient outcomes. All nurse sensitive indicators consistently outperform benchmarks from other Magnet® facilities. The reduction or elimination of falls with injuries, hospital acquired pressure injuries, catheter associated urinary tract infection and catheter associated blood stream infections reflects the commitment of the IFOH nurse to patient safety and...
implementing practices that are evidenced-based. Several units have gone greater than one year without any hospital acquired infection or pressure injuries. Nurses at all levels of the organization contribute to outstanding patient experience scores which outperform benchmark scores in domains that are influenced by nursing.

Inova Loudoun Hospital
With the Inova Professional Practice model guiding our care, the majority of units at ILH consistently outperformed the Magnet® mean benchmarks in the nursing sensitive indicators of falls with injury, Catheter Associated Urinary Tract Infections (CAUTI), Central Line Associated Blood Stream Infections (CLABSI) and Hospital Acquired Pressure Injuries (HAPI). Despite these excellent results, nursing units continue to focus on zero harm. In the 2017 National Database of Nursing Quality Indicators (NDNQI®) Nursing Satisfaction survey, 14 of our 19 nursing units exceeded the Magnet® mean benchmark in the nine major domains, which include adequate staffing, manager/leadership, foundations for quality of care, hospital affairs participation, autonomy, RN to RN interaction, professional development opportunities and access, and interprofessional relationships.

Inova Mount Vernon Hospital
In 2017, IMVH nursing has met or exceeded targets on quality indicators – including CLABSI, CAUTI, Clostridium difficile (C. diff), and patient falls. Falls rate went from 2.59 in 2016 to 1.70 in 2017 which was the best in the Inova Health System. The two Med-Surg Units had a combined total of nine patient falls.

New Knowledge and Innovation

Inova Alexandria Hospital
Non-Ventilated Hospital-Acquired Pneumonia (NV-HAP) is a frequent and severe infection that can lead to increases in mortality and length of stay (LOS). Much attention is given to ventilator-associated pneumonia, however there is a lack of knowledge related to NV-HAP. To determine the extent of the issue at our facility, chart audits were performed on the designated inpatient unit for one calendar year. A bundle was developed by the inter-professional team utilizing risk factors identified in literature review and daily assessments. Over 100 patients were identified as high risk during the eight-week implementation period in 2017. Only two patients were identified as potential NV-HAP during the implementation period. This is a decrease of 66% when compared to the 2016 annualized expected rate and a 78% decrease compared to the same time period in 2016. As a result of these efforts, we’ve also achieved steady improvement in the “Attention to special/personal needs,” as captured in our patient experience scores.

Inova Fairfax Medical Campus
Integrating new knowledge and evidence into clinical practice is essential to continued professional development. Creating a culture of clinical inquiry requires that nurses continually ask questions about their practice. The Evidence-Based Nurse Residency Program implemented in October 2017, fosters a supportive environment enabling nurses to successfully transition to practice. Participation in the Inova System Evidenced-Based Practice (EBP) Fellowship Program also facilitates the acquisition of new knowledge and skills. Two new graduates at IFMC created and implemented a pressure injury prevention bundle in the CCU in 2017 resulting in decreased hospital associated pressure injuries in their patient population.

Inova Fair Oaks Hospital
Nurses from IFOH consistently integrate evidence-based practice and research into their clinical practice. The nurses at IFOH express thanks to our colleagues in the Medical Library at Inova Fairfax Medical Campus who support our literature searches in an effort to identify best practices. Multiple evidenced-based practice projects were implemented at IFOH this year resulting in improved patient outcomes and experiences. Project results were disseminated both internally and externally at local, regional and national conferences. Research continues to be a focus including use of aromatherapy for pain control and nurses’ role in discharge planning for complex patients and impact on readmission rates.
Inova Loudoun Hospital

Magnet® Recognized organizations conscientiously integrate evidence-based practice and research into clinical and operational processes. This was evident at Inova Loudoun Hospital in 2017 with five ongoing research studies as well as three defined evidence-based practice projects. From dispelling the “sacred cow” that using a child’s IV for a blood draw would ruin the IV, to decreasing delirium in Intensive Care Unit (ICU), to using chewing gum to prevent an ileus, the culture of inquiry is supported and encouraged. Projects were disseminated via podium and poster presentations at local, regional and national conferences.

Inova Mount Vernon Hospital

IMVH nursing had four posters presented at the Inova Nursing Research and Evidence-Based Practice (EBP) Symposium conference in November 2017. The nurses from the Rehab units were awarded a grant to do an EBP project around the effects of structured discharge instructions as it relates to patient satisfaction and understanding. The team was awarded the best poster at the Inova Nursing Research and EBP Symposium. The project results showed significant improvement in Patient Satisfaction around discharge instructions.

Inova Chief Nursing Officers

Front row, left to right:
- Alquietta Brown, PhD, RN, MHSA
  - Chief Nursing Officer
  - Inova Mount Vernon Hospital
- Fadia Feghali, MS, RN, NE-BC
  - Chief Nursing Officer
  - Inova Alexandria Hospital
- Maureen E. Sintich, DNP, MBA, RN, WHNP-BC, NEA-BC
  - EVP, Chief Nursing Officer
  - Inova Health System

Back row, left to right:
- Nancy J. Loeffler, MHA, BSN, ACM, CCM
  - Chief Nursing Officer
  - Inova Medical Group
- Marissa B. Jamarik, DNP, RN, NEA-BC
  - Chief Nursing Officer
  - Inova Loudoun Hospital
- Patricia E. Hill, MSN, RN, NEA-BC, CENP
  - Chief Nursing Officer
  - Inova Fairfax Medical Campus

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Maureen E. Sintich, DNP, MBA, RN, WHNP-BC, NEA-BC
EVP, Chief Nursing Officer
Inova Health System
Debbie Fulbrook, EdM, MHS, BSN, RN, NEA-BC
Chief Nursing Officer
Inova Fairfax Medical Campus
Patricia J. Mook, MSN, RN, NEA-BC, CAHIMS
Chief Nursing Information Officer
Inova Health System
Nancy J. Loeffler, MHA, BSN, ACM, CCM
Chief Nursing Officer
Inova Medical Group
Marissa B. Jamarik, DNP, RN, NEA-BC
Chief Nursing Officer
Inova Loudoun Hospital
Patricia E. Hill, MSN, RN, NEA-BC, CENP
Chief Nursing Officer
Inova Fairfax Medical Campus
Awards and Recognition

Inova Alexandria Hospital Recognition

Nursing Excellence Awards
Leigh Allen, BSN, RN, CMSRN – Rising Star
Maria Cachafeiro-Cavadas, BSN, RN, CMSRN – Clinical Management
Rachel Cathey, MSEd, BSN, RNC

New Knowledge, Innovations and Improvements/Education and Mentorship
Fadia Feghali, MS, RN, NE-BC – Transformational Leadership/Advancing and Leading the Profession
Denise Hannesschlager, BSN, RN, CCRN, CSC - Exemplary Professional Practice/Clinical Nursing
Leonora Mendoza, BSN, RN

Volunteerism and Community Service
Daisy Awards
Katie Eichin, BSN, BS, RN4, CMSRN
Nancy Ganley, BSN, RN
Leah Martin, RN
Debi McQueen, BSN, RN
Ashley Rostek, BSN, RN4, CMSRN
Julie Scarborough, BSN, RN4, CEN
Lynn Turner-Moore, BSN, RN4C, OBC-FEM

2017 Speck Award for Excellence in Maternal-Child Nursing
Kacy Chongasing, BSN, RN4, RNC-OB

Presentations

Attacking Surgical Site Infections One Bug at a Time
Mossey, L., BSN, RN, CCRN, CPAN; Brady, J., DNP, RN, CAPA; Serra, R., BSN, RN, CAPA; Romano, G., RN, CAPA; Lansing, M., BSN, RN; Stoehe, A., PhD, RN; [Poster] Inova Nursing Research & Evidence Based Practice Symposium, Falls Church, Virginia, November 14, 2017.

Development of a Tool with Increased Sensitivity to Capture Palliative Care
Zeher, L, MSN, RN, AOCN, AOCNS, Cathey, R., MSEd, BSN, RN-BC, Wilson, M., LSW, Cain, C., MPH; Kennedy, L., PhD, MSN, RN, RNFA, CNOR, CHPN, CHTP [Poster] Inova Nursing Research and EBP Symposium, Falls Church, Virginia, November 14, 2017.

Grow the Bones of An Education Plan: Professional Development for New and Seasoned Nurses
Re-Inventing Onboarding Through Harm Prevention
Boresky, D., DNP, MBA, BSN, RN, NE-BC, Drake, J., DNP, RN, ONC, NPD-BC
[Quality Improvement] Inova Nursing Research & Evidence Based Practice Symposium, Falls Church, Virginia, November 14, 2017.

Stress Management for Caregivers: Taking Care of Yourself Physically and Emotionally

Sustaining an Education Program for Nurses Assisting Anesthesia with Blocks
Mossey, L., BSN, RN, CCRN, CRNA; Pagans, R., BSN, RN, Pricing, S., BSN; RN; Debyasingh, T., BSN, RN; Balagtas, R., BSN, RN; CAPA; Simorre, J., BSN, RN [Poster] Inova Nursing Research & Evidence Based Practice Symposium, Falls Church, Virginia, November 14, 2017.

The Medical, Spiritual, Survivorship, Caring and Support Sides of Cancer: Effect on Prevention and Management

Publications

New Degrees

BSN Scholars
Kacy Chongasing, BSN, RN4, RNC-OB – The Speck Award for Nursing Excellence
Jeffrey Estevez, RN – The Inova Alexandria Medical Staff Clinical Advancement Scholarship
Karen Fuller, RN – Physician Nursing Scholarship
Sandy Johns, BSN, RN – The Speck Award for Nursing Excellence

Carla Martintti LaLota, RN – The Twig Nursing Scholarship
Erika Pollock, BSN, RN – Inova Nursing Excellence Scholarship

MSN Scholars
Karen Jordan Fuller, BSN, RN - The Inova Alexandria Medical Staff Clinical Advancement Scholarship
Yeshi Gebremariam, BSN, RN – Inova Nursing Excellence Scholarship
Carmalina Hembrey, MSN, RN, CWOCN – The Teh-chang Shih Memorial Scholarship

Scholarships

GBN Scholars
Kacy Chongasing, BSN, RN4, RNC-OB – The Speck Award for Nursing Excellence
Jeffrey Estevez, RN – The Inova Alexandria Medical Staff Clinical Advancement Scholarship
Karen Fuller, RN – Physician Nursing Scholarship
Sandy Johns, BSN, RN – The Speck Award for Nursing Excellence

Carla Martintti LaLota, RN – The Twig Nursing Scholarship
Erika Pollock, BSN, RN – Inova Nursing Excellence Scholarship

MSN Scholars
Karen Jordan Fuller, BSN, RN - The Inova Alexandria Medical Staff Clinical Advancement Scholarship
Yeshi Gebremariam, BSN, RN – Inova Nursing Excellence Scholarship
Carmalina Hembrey, MSN, RN, CWOCN – The Teh-chang Shih Memorial Scholarship

Certifications

Certified Healing Touch Practitioner
Robin R. Jackson, MSN, RN-BC, CCRN, CCNS, CHTP

Certified Post Anesthesia Nurse
Rebecca Pagans, BSN, RN, CPAN
Sarah Price, BSN, RN, CPAN

Certified Wound Ostomy Continence Nurse
Annette Beadle, MSN, RN, CWOCN

Electronic Fetal Monitoring Certification
Lisa Effren, BSN, RN, C-FEM
Tiffani Fuller, BSN, RN, C-FEM
Kristiana Hausman, BSN, RN, C-FEM

Emergency Nursing
Erica Asamoah, BSN, RN, CEN
Eden Berhane, BSN, RN, CEN
Natalie Blanchetti, BSN, RN, CEN
Jackie Dehnert, BSN, RN, CEN
Julie Gullatt, BSN, RN, CEN
Holly Howe, BSN, RN, CEN
Shamil L Roman, BSN, RN, CEN

Family Nurse Practitioner
Shaima Kanak, RN, BSN, FNP-BC
Emily Kristen Taylor, MSN RN FNP-BC

International Board Certified Lactation Consultant
Chandra Bumsude, BSN, RN, CNL, IBCLC

Medical Surgical Nursing
Leigh Allen, BSN, RN, CMRSN
Yenewud Belay, BSN, RN3, CMRSN
Cherry Cabbatic, BSN, RN, CMRSN

The Molar, the Merrier: The Impact of a Focused Bundle to Reduce Non-Ventilated Hospital Acquired Pneumonia
Cathey, R., MSEd, BSN, RN-BC; Mehan, D., BSN, BS, RN; Chiriboga, M., BSN, BA, RN; Boresky, D., DNP, RN, NE-BC; [Poster] VNA Nurse Staffing Summit, Hot Springs, Virginia, November 3-4, 2017. (Awarded Best EBP Poster)

The Medical, Spiritual, Survivorship, Caring and Support Sides of Cancer: Effect on Prevention and Management

The Medical, Spiritual, Survivorship, Caring and Support Sides of Cancer: Effect on Prevention and Management

Publications

BSN Scholars
Kacy Chongasing, BSN, RN4, RNC-OB – The Speck Award for Nursing Excellence
Jeffrey Estevez, RN – The Inova Alexandria Medical Staff Clinical Advancement Scholarship
Karen Fuller, RN – Physician Nursing Scholarship
Sandy Johns, BSN, RN – The Speck Award for Nursing Excellence

Carla Martintti LaLota, RN – The Twig Nursing Scholarship
Erika Pollock, BSN, RN – Inova Nursing Excellence Scholarship

MSN Scholars
Karen Jordan Fuller, BSN, RN - The Inova Alexandria Medical Staff Clinical Advancement Scholarship
Yeshi Gebremariam, BSN, RN – Inova Nursing Excellence Scholarship
Carmalina Hembrey, MSN, RN, CWOCN – The Teh-chang Shih Memorial Scholarship

Certifications

Certified Healing Touch Practitioner
Robin R. Jackson, MSN, RN-BC, CCRN, CCNS, CHTP

Certified Post Anesthesia Nurse
Rebecca Pagans, BSN, RN, CPAN
Sarah Price, BSN, RN, CPAN

Certified Wound Ostomy Continence Nurse
Annette Beadle, MSN, RN, CWOCN

Electronic Fetal Monitoring Certification
Lisa Effren, BSN, RN, C-FEM
Tiffani Fuller, BSN, RN, C-FEM
Kristiana Hausman, BSN, RN, C-FEM

Emergency Nursing
Erica Asamoah, BSN, RN, CEN
Eden Berhane, BSN, RN, CEN
Natalie Blanchetti, BSN, RN, CEN
Jackie Dehnert, BSN, RN, CEN
Julie Gullatt, BSN, RN, CEN
Holly Howe, BSN, RN, CEN
Shamil L Roman, BSN, RN, CEN

Family Nurse Practitioner
Shaima Kanak, RN, BSN, FNP-BC
Emily Kristen Taylor, MSN RN FNP-BC

International Board Certified Lactation Consultant
Chandra Bumsude, BSN, RN, CNL, IBCLC

Medical Surgical Nursing
Leigh Allen, BSN, RN, CMRSN
Yenewud Belay, BSN, RN3, CMRSN
Cherry Cabbatic, BSN, RN, CMRSN

The Molar, the Merrier: The Impact of a Focused Bundle to Reduce Non-Ventilated Hospital Acquired Pneumonia
Cathey, R., MSEd, BSN, RN-BC; Mehan, D., BSN, BS, RN; Chiriboga, M., BSN, BA, RN; Boresky, D., DNP, RN, NE-BC; [Poster] VNA Nurse Staffing Summit, Hot Springs, Virginia, November 3-4, 2017. (Awarded Best EBP Poster)

The Medical, Spiritual, Survivorship, Caring and Support Sides of Cancer: Effect on Prevention and Management

Publications
Professional Organization Activities

Dorothy Boresky, DNP, MBA, RN, NE-BC – Sigma Theta Tau, Epsilon Zeta Chapter – Board Member

Jennifer Drake, DNP, RN, NPD-BC, NMC – National Medical Center for Community Services

Blanca Aliberti, BSN, RN, NPD-BC, AOCNP – American College of Occupational and Environmental Nurses (ACOEN) – Chapter Chair

Sonia Astle, MS, RN, CCNS, CCRN, CNRN – Transformational Leadership/ Advancing and Leading the Profession

Eileen McCormack, FMPBC, RN, AOCNP – Exemplary Professional Practice/ Clinical Nursing

Kathy Mullen, RN, RN-BC, CMSRN – Clinical Management

Michelle Williams, BSN, RN, PCCN – New Knowledge, Innovations and Improvements/ Education and Mentorship

Daisy Awards

Logan Barrick, BSN, RN, PCCN – Erin Burns, BSN, RN – Elizabeth Cirillo, RN

Inova Fairfax Medical Campus Recognition

Nursing Excellence Awards

Minerva Abbas, RN, MS – Volunteerism and Community Service

Blanca Aliberti, BSN, RN – Rising Star

Sonia Astle, MS, RN, CCNS, CCRN, CNRN – Transformational Leadership/ Advancing and Leading the Profession

Eileen McCormack, FMPBC, RN, AOCNP – Exemplary Professional Practice/ Clinical Nursing

Kathy Mullen, RN, RN-BC, CMSRN – Clinical Management

Michelle Williams, BSN, RN, PCCN – New Knowledge, Innovations and Improvements/ Education and Mentorship

Presentations

Implementing an Evidence-Based-Practice (EBP) Pressure Injury Prevention Bundle to Decrease the Number of Preventable Hospital-Acquired Pressure Injuries (HAPIs) in the Coronary Care Unit (CCU)

Natalie Wright, BSN, RN

New Degrees

Bachelors of Science in Nursing

Ashleigh Brown, BSN, RN, CPHon

Pam Caswell, BSN, RN

Emily Cremeans, BSN, RN

Valarie Delaplane, BSN, RN

Julie Dubuc, BSN, RN

Magdalene Greaney, BSN, RN, CPn

Fatima Koroma, BSN, RN

Sheila Kuders, BSN, RN, CARN

Debbie Shepherd, BSN, RN


Interprofessional Simulation and Crisis Management in the Perioperative Area

Hallberry, C., RN, CHSE; Moniarity, M., DNP, Wu, P., MD; Graling, P., DNP, RN, FAAN; Jones, E., MSN, RN; Piscitani, DNP, Moriarity, M., Hillberry, C.R., MSN, CHSE; Savia, M., MSN, RN CSRN.

New Knowledge, Innovations and Improvements/ Education and Mentorship

Dorine Ndayizigiye, RN, MS – Sigma Theta Tau, Epsilon Zeta Chapter – Board Member

Jennifer Drake, DNP, RN, NPD-BC, NMC – American College of Occupational and Environmental Nurses (ACOEN) – Chapter Chair

Blanca Aliberti, BSN, RN, NPD-BC, AOCNP – American College of Occupational and Environmental Nurses (ACOEN) – Chapter Chair

Sonia Astle, MS, RN, CCNS, CCRN, CNRN – Transformational Leadership/ Advancing and Leading the Profession

Eileen McCormack, FMPBC, RN, AOCNP – Exemplary Professional Practice/ Clinical Nursing

Kathy Mullen, RN, RN-BC, CMSRN – Clinical Management

Michelle Williams, BSN, RN, PCCN – New Knowledge, Innovations and Improvements/ Education and Mentorship

Daisy Awards

Logan Barrick, BSN, RN, PCCN – Erin Burns, BSN, RN – Elizabeth Cirillo, RN

Inova Fairfax Medical Campus Recognition

Nursing Excellence Awards

Minerva Abbas, RN, MS – Volunteerism and Community Service

Blanca Aliberti, BSN, RN – Rising Star

Sonia Astle, MS, RN, CCNS, CCRN, CNRN – Transformational Leadership/ Advancing and Leading the Profession

Eileen McCormack, FMPBC, RN, AOCNP – Exemplary Professional Practice/ Clinical Nursing

Kathy Mullen, RN, RN-BC, CMSRN – Clinical Management

Michelle Williams, BSN, RN, PCCN – New Knowledge, Innovations and Improvements/ Education and Mentorship

Presentations

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Julie Dubuc, BSN, RN

Magdalene Greaney, BSN, RN, CPn

Fatima Koroma, BSN, RN

Sheila Kuders, BSN, RN, CARN

Debbie Shepherd, BSN, RN


Interprofessional Simulation and Crisis Management in the Perioperative Area

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Eileen McCormack, FMPBC, RN, AOCNP – Exemplary Professional Practice/ Clinical Nursing

Kathy Mullen, RN, RN-BC, CMSRN – Clinical Management

Michelle Williams, BSN, RN, PCCN – New Knowledge, Innovations and Improvements/ Education and Mentorship

Daisy Awards

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Inova Fairfax Medical Campus Recognition

Nursing Excellence Awards

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Blanca Aliberti, BSN, RN – Rising Star

Sonia Astle, MS, RN, CCNS, CCRN, CNRN – Transformational Leadership/ Advancing and Leading the Profession

Eileen McCormack, FMPBC, RN, AOCNP – Exemplary Professional Practice/ Clinical Nursing

Kathy Mullen, RN, RN-BC, CMSRN – Clinical Management

Michelle Williams, BSN, RN, PCCN – New Knowledge, Innovations and Improvements/ Education and Mentorship

Presentations

Implementing an Evidence-Based-Practice (EBP) Pressure Injury Prevention Bundle to Decrease the Number of Preventable Hospital-Acquired Pressure Injuries (HAPIs) in the Coronary Care Unit (CCU)

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Pam Caswell, BSN, RN

Emily Cremeans, BSN, RN

Valarie Delaplane, BSN, RN

Julie Dubuc, BSN, RN

Magdalene Greaney, BSN, RN, CPn

Fatima Koroma, BSN, RN

Sheila Kuders, BSN, RN, CARN

Debbie Shepherd, BSN, RN


Interprofessional Simulation and Crisis Management in the Perioperative Area

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Masters of Science in Nursing
Naseem Akhtar, MSN, RN
Karen Dor, MSN, RN-BC
Eris Hedson, MSN, RN
Karen Mitchell, MSN, RN
Jacqueline Tibbetts, MSN, RN, CPAN

Doctorate of Nursing Practice
Cherry Lynne Malski, FNP, BSN

Scholarships
BSN Scholars
Elisabeth Hilaire, RN3 – Gail Ahrends
Memorial Scholarship
Ida Harvey, Clinical Technician – Inova Nursing Excellence Scholarship
Loann Robinson, BSN, RN, CCRN–Inova Nursing Excellence Scholarship
Karen Kelly, BSN, RN – Inova Nursing Excellence Scholarship
Alicia Talley, RN – Inova Nursing Excellence Scholarship

MSN Scholars
Jessica Fajfar, BSN, RN, CPN, TCRN – Inova Nursing Excellence Scholarship
Katherine Garity, RN3 – Inova Nursing Excellence Scholarship
Jessica Gibson, BSN, RN, CCRN – Inova Nursing Excellence Scholarship
Shannon Lewis, MA, BSN, RN, ACM – Inova Nursing Excellence Scholarship
Rebecca Petros, BSN, RN, PCCN – Inova Nursing Excellence Scholarship
Alicia Tiggas, BSN, RN – Inova Nursing Excellence Scholarship

Certifications
Cardiac Surgery Certification
Jeremy Heller, BSN, RN, CSC

Cardiovascular RN
Jennifer Fabian, BSN, RN, CVRN
Leslie Johnson, RN, CVRN

Case Management Certification
Shannon Lewis, ACM-RN
Rosanna Farrell, ACM-RN

Certified Additions RN
Janejira Wilaijak, BSN, RN, CARN

Certified Emergency Nurse
Elizabeth Balun-Manente, RN, CEN
Jennifer Beck, BSN, RN, CEN
Emily Collins, RN, CEN
Kelly Jaglowski, RN, CEN
Andrew Rozsa, BSN, RN, CEN
Lauren Schwindt, RN, CEN
Chelsea Sowder, BSN, RN, CEN
Rachel Willey, BSN, RN, CEN
Amara Young, BSN, RN, CEN

Certified Executive Nursing Practice
Patrice Hill, MSN, RN, NEA-BC, CENP

Certified Healing Touch
Naseem Akhtar, BSN, RN, HTCP
Maureen Hoyt, RN, CHTP

Certified Elec Fetal Monitoring
Kristen Bernfeld, BSN, RN, C-EFM
Sussannah Grimes, BSN, RN, C-EFM
Elizabeth Heinner, BSN, RN, C-EFM
Amanda Lazisky, BSN, RN, C-EFM
Diane Sarosi, BSN, RN, C-EFM
Dominique Shanks, BSN, RN, C-EFM
Brittany Slabeta, BSN, RN, C-EFM
Ariel West, BSN, RN, C-EFM

Certified Medical Interpreter
Jennifer Castro, BSN, RN, CCMI
Veronica Ariga Guadalupe, RN, CCMI
Rosa Holt, BSN, RN, CMMI
Christy Lee, RN, CCMI
Sophie Lim, BSN, RN, CCMI
Omar Rodriguez, BSN, RN, CCMI
Tae Yoon Seo, BSN, RN, CCMI

Certified Medical-Surgical RN
Rachel Brown, MSN, RN, CMSRN
Eugina Chiu, BSN, RN, CMSRN
Elizabeth Gibbemeyer, BSN, RN, CMSRN
Nicole Goitia, BSN, RN, CMSRN
Catherine Han, BSN, RN, CMSRN
Marie Kaufmann, BNS, RN, CMSRN
Miyeoung Kim, RN, CMSRN
Supansa Kotjaroen, BSN, RN, CMSRN
Magreth Kombe, BSN, RN, CMSRN
Heather Lee, BSN, RN, CMSRN
Kristianna Pearson, BSN, RN, CMSRN
Sun Scanlon, BSN, RN, CMSRN
Jose Robinson Simbulan, RN, CMSRN
Shanta Subedi, BSN, RN, CMSRN
Shashu Teklu, BSN, RN, CMSRN
Honey Lou Vedar, BSN, RN, CMSRN

Certified Nurse Leader
Athena Balanow, RN, CNL

Certified Operating Room Nurse
Alyssa Clevenger, BSN, RN, CNOR
Justine Critchley, BSN, RN, CNOR
Maria Diez, BSN, RN, CNOR
Chante Greene, BSN, RN, CNOR
Anna Halliday, BSN, RN, CNOR
Samantha Herbert, BSN, RN, CNOR
Kerry Monaghan, BSN, RN, CNOR
Heluim No, BSN, RN, CNOR
Michelle Naumuk, BSN, RN, CNOR
Nicole Schneider, BSN, RN, CNOR
Kiran Sherpa, BSN, RN, CNOR
Angela Wasson, BSN, RN, CNOR

Certified Ostomy Care Nurse
Mary Savia, BSN, RN, COCN

Cert Pediatric Emergency Nurse
Kristina Deguel, RN, CPEN
Amanda Hafeman, BSN, RN, CPEN
Deborah Hermes, BSN, RN, CPEN
Kelcey Kelley, BSN, RN, CPEN
Bayli Long, BSN, RN, CPEN
Kamry Mackison, RN, CPEN
Lindsay Resnik, BSN, RN, CPEN
Amber Wolfe, RN, CPEN

Certified Pediatric Nurse
Marjorie Athey, BSN, RN, CPN
Dristi Basnet, RN, CPN
Jeanette Bassett, BSN, RN, CPN
Emily Bohmssack, RN, CPN
Courtney Brown, BSN, RN, CPN
Emily Burns, BSN, RN, CPN
Lauren Flores, BSN, RN, CPN
Marcia Guico, BNS, RN, CPN
Gianna Jarrett, BSN, RN, CPN
Rachael Jones, BSN, RN, CPN
Brach Mccurry, RN, CPN
Lauren Rhodes, RN, CPN
Nguyet Tran, BSN, RN, CPN

Certified Post Anesthesia Nurse
Whitney Hancock, BSN, RN, CPAN

Certified Psych Mental Health Nurse
Angela Alexei, BSN, RN, CPMHN

Certified Six Sigma Green Belt
Eyad Abdel Latif, MSN, RN, CSSGB

Certified Stroke Registered Nurse
Katherine Garity, BSN, RN, CSRN

Certified Wound Care Nurse
Lisa-Beth Leary, BSN, RN, CWCN
Critical Care Nursing Cert
Rachel Allen, BSN, RN, CCRN  
Christine Beatty, BSN, RN, CCRN  
Bridgette Botha, RN, CCRN  
Hannah Burzumato, RN, CCRN  
Kira Caudle, BSN, RN, SCRN

Critical Care RN Pediatrics
Chelsea Gray, RN, CCRN, PEDS

Int Board Cert Lact Consultant
Allison Clarin, BSN, RN, IBCLC

Maternal Newborn RN
Stephanie Canales, BSN, RN, MNRN

Oncology Cert Nurse
Suzanne Bellis, RN, OCN

Progressive Care Cert Nurse
Laura Abou-Rejaib, BSN, RN, PCN

Stroke Certified RN
Alyssa Caudle, BSN, RN, SCRN

Trauma Cert Regis Nurse
Kelly Buckley, BSN, RN, TCRN

Registered Nurse 3
Lara Abou-Rejaib, BSN, RN, Blair Augustyn, RNCN
Logan Barrick, BSN, RN, PCCN
Amanda Blue, RN, CPN
Bridget Botha, BSN, RN, CCRN
Jennifer Cann, BSN, RN
Heather Carvalho, BSN, RN, CPN
Rebecca Cohen, RN, Sarah Herbst, RN, BSN, RNCN
Jennifer Kesner, RNCN
Lashay Newman, BSN, RNCN
Tiffany Riley, RNCN
Caitlyn Veith, BSN, RNCN
Laura Welsh, BSN, RNCN
Kelly Williams, RNCN
Nicole Gottia, BSN, RN
Amy Gray, BSN, RN
Susannah Grimes, BSN, RN
Jessica Hamp, BSN, RN
Catherine Han, BSN, RN
Lisa Hughes, BSN, RN

Registered Nurse 4
Sarah Aiken, BSN, RN
Rebecca Atabeh, BSN, RN
Samantha Ashwell, BSN, RN
Caitlin Barefoot, BSN, RN, CCRN
Rachel Brown, MSN, RN, CCRN
Holly Bull, RN

Registered Nurse 5
Sarah Aiken, BSN, RN
Rebecca Atabeh, BSN, RN
Samantha Ashwell, BSN, RN
Caitlin Barefoot, BSN, RN, CCRN
Rachel Brown, MSN, RN, CCRN
Holly Bull, RN
Nursing Excellence Awards

- Larissa Curto, BSN, RN, C-EFM – Rising Star
- Kimberly Dillon, BSN, RN, CEN – Clinical Management
- Katie Hile, MSN, RN, ONC, NE-BC – Transformational Leadership/Advancing and Leading the Profession
- Chelsea Koser, BSN, RN, RN-BC – Exemplary Professional Practice/Clinical Nursing
- Laura McNicholl, MS, RN, RN-BC, CCNS – New Knowledge, Innovations and Improvements/Education and Mentorship
- Erica Vaughan, BSN, RN, CAPA – Volunteerism and Community Service

Daisy Awards

- Robert Foreman, AD, RN, CCRN
- Jennifer McKeeever, MSN, RN, BS, CPN
- Allison Quinlin, BSN, RN, RN-C
- Myrna Pebenito, BSN, RN

Presentations


Inova Fair Oaks Hospital Recognition

- Taylor Trenner, BSN, RN, CEN
- Kelly Vornadore, BSN, RN
- Faustine Zamora, BSN, RN

Professional Organization Activities

- Jamie Ayoub, MSN, RN, ACM-RN - American Case Management Association – Milliman Care Guidelines - Milliman Care Guidelines Utilization Review Certification
- Shanta Subedi, RN
- Molly Swain, RN
- Whitney Thomas, BSN, RN, PCCN
- Shannon Thompson, BSN, RN, PCCN
- Callie Tomczack, BSN, RN, CCRN
Keeping Our Patient Safe: Strengthening Safe Medication Administration Practices
McCaughhey, J., MSN, BS, RN, RN-MNN, CCE, Zeiken, R., MSN, RN, MAOM, CEFM, RN-OB, Buchanan, A., BSN, RN, RN-OB, Miller, T., AD, RN, RN-CMN, Collins, F., MSN, RN, CCRN-K, Hodges, W., MD, Pickford, L., MD, Inova Research Symposium, Falls Church, Virginia, November 14, 2017.


Publications

Wolters Kluver; Lippincott, Textbook of Medical-Surgical Nursing, 2017

Reducing Catheter Associated Urinary Tract Infections During Maintenance Phase


Perceived Barriers to, and Attitudes Toward on Shift Restorative Napping Hargrave, J., MSAN, RN, RN-NIC, Inova Research Symposium, Falls Church, Virginia, November 14, 2017.

Publications

Wolters Kluver; Lippincott, Textbook of Medical-Surgical Nursing, 2017

Reducing Catheter Associated Urinary Tract Infections During Maintenance Phase


Registered Nurse Board Certified Medical-Surgical
Sunita Adhikari, BSN, RN, RN-BC
Chelsea Koser, BSN, RN, RN-BC
Registered Nurse Board Certified Pain Management
Amy Thurston, BSN, RN, RN-BC

Registered Nurse 3
Cecilia DeSilvis-Sapsford, MS, BSN, RN, MED, CEN
Catharine Dwyer, BSN, RN, CPN
Laura Erim, BSN, RN, IBCLC

Registered Nurse 4
Megan Fitzgerald, BSN, RN, RNC-MNN
Ryan Gebert, BSN, RN, CPN
Julie Gordon, MSN, RN, CCRN
Renee Heath, BSN, RN, CBN
Chelsea Koser, BSN, RN, RN-BC
Kate Lawlor, BSN, RN, CEN
Brittan Manosalvas, BSN, RN, PCCN
Jennifer McCabe, BSN, RN, CPN, CPON
Elizabeth Moran, BSN, RN, CEN
Patricia Ojeda, BSN, RN, RNC-LRN
Margaret O’Toole, BSN, RN, CPN
Jessica Patterson, BSN, RN, CEN-LRN
Lynne Quigley, BSN, RN, CEN
Sarah Siegal, BSN, RN, RN-BC
Sharon Stanchi, MSN, RN, IBCLC
Erica Vaughan, BSN, RN, CAPA
Rebecca Whitacre, BSN, RN, CPN
Sarah Wolf, BSN, RN, CMSRN

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Sharon Stanchi, MSN, RN, IBCLC
Erica Vaughan, BSN, RN, CAPA
Rebecca Whitacre, BSN, RN, CPN
Sarah Wolf, BSN, RN, CMSRN

Professional Organization Activities
Vicki Lindgren, MSN, RN, CCRN, CCNS
American Association of Critical Care Nurses Chapter Awards Review Panelist
Vicki Lindgren, MSN, RN, CCRN, CCNS
American Association of Critical Care Nurses Pharmacology 2.0 Lesson Review Panelist

Inova Loudoun Hospital Recognition

Nursing Excellence Awards
Yim Belote, BSN, RN3, CCRN – Volunteerism and Community Service
Julie Costanzo, BSN, RN4, RN-BC – Clinical Management
Amanda Golino, MSN, RN, CCNS, CCRN, RN-BC – New Knowledge, Innovations and Improvements/ Education and Mentorship
Gina Harrison, MSN, RN, CPEN, NE-BC, CEN – Transformational Leadership/ Advancing and Leading the Profession
Christine Lynch, BSN, RN4, CMS – Rising Star
Serena McReynolds, BSN, RN, OPEN – Exemplary Professional Practice/Clinical Nursing

Daisy Awards
Individual Awards
Shannon Cox, ASN, RN
Lisa Dundas, BSN, RN
Johanna Emory, BSN, RN, CEN
Tammy Fitch, BSN, RN3, CCRN
Jessica Haas, BSN, RN
Mary Christy Hogan, RN3, RNC-OB
Shelby Howell, BSN, RN
Ruth Ann Jewell, ASN, RN3, OPEN
Diane Litwin, BSN, RN
Kathy Ketrick, BSN, RN4, PCCN
Shein Nilzad, BSN, RN
Olivia Page, BSN, RN
Christina Pool, BSN, RN
Amanda Robey, BSN, RN
Emin Roell, BSN, RN
Victoria Sapla, BSN, RN
Jane Trachsel, BSN, RN
Chelsea Verdin, BSN, RN

Team Awards
OR Team
Division of Nursing Award
Individual Awards
Stephanie Boese, BSN, RN3, CCRN – Transformational Leadership
Kristelle Toone, MSN, RN4, CCRN – New Knowledge
Alyssa Gillam, MSN, RN4, CCRN – New Knowledge
Beverly Ruso, BSN, RN – Community Service
Mary O’Brien, RNC-OB – Preceptor

Team Awards
ICU Seriously Delirious Team – Evidence Based Practice/Unit Practice Council
MSU and Pediatrics – Cross-Boundary Teams

Emergency Nurse Association National Nurse Manager Award
Gina Harrison, MSN, RN, CEN, CPEN

Virginia Nurses Foundation Magnet® Award Clinical Nurse Practice Nominee
Amanda Golino, MSN, RN, CCNS, CCRN, RN-BC

Virginia Nurses Foundation Magnet® Award Nominee Advanced Nursing Practice
Amber Wilson, BSN, RN4, CEN, CPEN

Northern Virginia Emergency Medical Services (EMS) Council’s Regional Award for Nurse with Outstanding Contribution to EMS
Johanna Kushan, BSN, CEN

Virginia Nurses Foundation Leadership Excellence Award Nurse Educator Nominee
Lorrie St. Laurent, MSA, BSN, RN, CEN, CCRN, TCRN

Virginia Nurses Foundation Magnet® Award Nominee Clinical Research Nominee
Sheree O’Neil, MSN, RN4, CPN

Virginia Nurses Foundation Magnet® Award Nominee Nursing Education Nominee
Jamiee Robinson, MSN, RN, RNC-OB
Presentations

ABCDEF: A Bundled Approach to Reducing Delirium and ICU Length of Stay in Adult Patients

Toone, K., MSN, RN, CCRN, Judy, E., BSN, RN, RRT, CPFT, RRT-ACCS, RRT-NPS, Gllum, A., MSN, RN, CCRN


Chew, Chew, Chew Peppermint Gum is Good For You

Golino, A., MSN, RN, CCNS, CCRN, RN-BC, Kelly, J., BSN, RN, CMSRN


Let's Move: Progressive Mobility on the Medical-Surgical Unit (MSU) and Empowering Families of ICU Patients

Williams, C., BSN, RN4, RN-BC, CMC, CCRN, Toone, K., MSN, RN, CCRN, Gllum, A., MSN, RN, CCRN, Judy, E., RN, BSN, RT4


Sensory-Friendly Pediatric Emergency Department

Wood, E., PhD, MPH, RN, CEN


Practice Improvement: Reducing Delirium and Improving Patient Experience

Leone, R., MT-BC, Golino, A., MSN, RN, CCNS, RN-BC, Toone, K., MSN, RN, CCRN, Judy, E., BSN, RN, RT4


Intravenous Access Following Blood Sampling in a Pediatric Population

Golino, A., MSN, RN, CCRN, RN-BC, Friesen, MA, PhD, RN, CPHO, McReynolds, S., RN, RN4, CPEN, Presgrave, K., BSN, RN4, CPEN, Stinson, S., BSN, RN4, CPEN


Intravenous Access Following Blood Sampling Through an Existing IV

Wood, E., PhD, MPH, RN, CEN


The Impact of an Active Music Therapy Intervention on Vital Signs, Pain and Anxiety for Adult Patients in the Intensive Care Unit


Survivability of Existing Peripheral Intravenous Access Following Blood Sampling Through an Existing IV

Golino, A., MSN, RN, CCRN, RN-BC, Friesen, MA, PhD, RN, CPHO, McReynolds, S., BSN, RN4, CPEN, Presgrave, K., BSN, RN4, CPEN, Stinson, S., BSN, RN4, CPEN


Video Discharge Instructions in the Pediatric Emergency Department

Wood, E., PhD, RN, CEN


Intravenous Access Following Blood Sampling in a Pediatric Population

Golino, A., MSN, RN, CCRN, RN-BC, Friesen, MA, PhD, RN, CPHO, McReynolds, S., BSN, RN4, CPEN, Presgrave, K., BSN, RN4, CPEN, Stinson, S., BSN, RN4, CPEN


New Degrees

Bachelors of Science in Nursing

Rebecca Berry, BSN, RN3, CEN

Mariethge Crooks, BSN, RN

Janice Curbow, BSN, RN3, CCRN

Mariol Escriba, BSN, RN

Karen Forfeit, BSN, RN

Aaron Furnan, BSN, RN

Rebecca Goliiby, BSN, RN

MSN, RN, NE-BC, CPEN, CEN


Survivability of Existing Peripheral Intravenous Access Following Blood Sampling Through an Existing IV

Golino, A., MSN, RN, CCRN, RN-BC, Friesen, MA, PhD, RN, CPHO, McReynolds, S., BSN, RN4, CPEN, Presgrave, K., BSN, RN4, CPEN, Stinson, S., BSN, RN4, CPEN


Excellence Scholarship

Nana Akosua Prempeh, ASN, RN, – Inova Nursing Excellence Scholarship

Dejon Wright, ASN, RN3, CEN, CCRN – Inova Nursing Excellence Scholarship

MSN Scholars

Amanda Gatling, BSN, RN – Inova Nursing Excellence Scholarship

Ryan Mussel, BSN, RN, CCNS – Inova Nursing Excellence Scholarship

Farhan Shaukat, BSN, RN – Inova Nursing Excellence Scholarship

Zheania Shawl, BSN, RN, RN-BC – Inova Nursing Excellence Scholarship

Catherine Williams, BSN, RN4, CCRN, CMC, RN-BC - Inova Nursing Excellence Scholarship

Helina Williams, BSN, RN4, OCN – Inova Nursing Excellence Scholarship

Amber Wilson, BSN, RN4, CEN, CCRN – Inova Nursing Excellence Scholarship

DNP Scholars

Ann Chopikvsky, ASN, RN3, CEN – Toups Doctoral Scholarship

Certifications

Cardiac Medicine Certification

Hillary McGrath-Rose, BSN, CMC, CCRN, PCCN

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Inova Mount Vernon Hospital Recognition

Nursing Excellence Awards
Roselle Anderson, BSN, RN, CRRN – Transformational Leadership/Advancing and Leading the Profession
Joanne Giacciardo, MS, BSN, RN, NE-BC – New Knowledge, Innovations and Improvements/Education and Mentorship
Meghan Linehan, BSN, RN – Rising Star
Laura McCormack, BSN, RN, CRNP – Volunteerism and Community Service
Hagar Osel, BSN, RN – Clinical Management
Mary Teale, BSN, RN – Exemplary Professional Practice/Clinical Nursing

Daisy Awards
Michelle Gaines, BSN, RN
John Lawrence, BSN, RN, SCRN
Ed Crowley, BSN, RN-BC

355 Days Without Falls
Unit 3B

Guardian of Excellence Award
IMVH Emergency Room

Get with the Guidelines Action Registry Treatment of Myocardial Infarctions
IMVH Emergency Room

IMVH Nurse of the Year
Denise Wilson, BSN, RN – Float

IMVH Tech of the Year
William Young, CST – OR
Nurse of the Year Per Unit
Susan Breisch, MSN, RN, RN-BC, CCRN
Heather Buysse, BSN, RN – OBS
Sewite Esayes, ASN, RN – 4A
Selam Hadege, BSN, RN, CRNP – 5A
Joann Howse, BSN, RN – 5C
Aziza Lwabandji, BSN, RN – 3A
Juliette Mara, MSN, RN – 4B
Sarah Naputi, BSN, RN, CRNP – 5B
Janell Smith, BSN, RN - SDS/Pre-op/PACU/Endo
Natalie Spence-Ackew, BSN, RN – 3B
Justin Sunga, BSN, RN – ED
Cecille Towler, BSN, RN, CRNP – 4A
Jennifer Wall, BSN, RN, CRNP – 3A
Cecille Towler, BSN, RN, CRNP – Lorton
Denise Wilson, BSN, RN – Float
Lineth Zurita, BSN, RN – 6B

Recognized in 2017 for CAUTI, CLABSI, and C-diff Infections at the End of 2016
Unit 3B

Unit Star – Exceptional Patient Experience
Unit 3B
VONE Finalist
Zewdesh Bryant, MSN, RN, MS
Presentations
Don’t Keep Me Waiting: A Collaborative Initiative to Improve Patient Throughput

Goal to Zero Harm Through Teamwork, Communication and Coaching

Professional Activities
Wendy Ayers, RN, BSN, ACM - American Case Management Association - Millman Care Guidelines - Millman Care Guidelines Utilization Review Certification

Case Management Certification
Laura Finlayson, ACM-SW
Certified Ambulatory Perianesthesia Nurse
Shawn Lewis, BSN, RN3, CAPA
Michelle Trepel, BSN, CAPA
Certified Emergency Nurse
Meagan Augugliaro, BSN, RN4, CEN
Jayreen Bobitski, BSN, RN4, CEN
Susan Clough, BSN, RN3, CEN
Juliana Faul, BSN, CEN
Ashley Ponce, BSN, RN3, CEN
Elyssa Wood, PhD, CEN
Certified Medical Surgical Registered Nurse
Danielle Bowman, BSN, RN4, CMSRN
Vanessa Hiller, BSN, CMSRN
Alyson Kelly, BSN, CMSRN
Heather Lipscomb, BSN, CMSRN
Christine Lynch, BSN, RN3, CMSRN
Certified Nurse Operating Room
Stephanie Herrera, BSN, CNOR
Certified Pediatric Nurse
Cynthia Perleoni, BSN, CPN
Melissa Wagner, BSN, RN4, CPN
Certified Wound Specialist
Chris Lesando, BSN, CWS, CWOCN
Certified Medical Surgical Registered Nurse
Hanna Shebre, BSN, RB-BC
Nurse Executive - Board Certified
Gina Harrison, MSN, NE-BC
Nurse Executive Advanced Board Certified
Debra Stanger, MSN, NEA-BC
Oncology Certified Nurse
Jude Njoku, OCN
Registered Nurse Board Certified Psychiatric/Mental Health
Jaclyn Daugherty, BSN, RN3, RN-BC
Holly Thompson, RN-BC
Stroke Certified Registered Nurse
Carey Vincent, MSN, SCRN
Registered Nurse 3
Meagan Augugliaro, BSN, CEN
Rebecca Berry, CEN
Jayreen Bobitski, BSN, CEN
Danielle Bowman, BSN, CMSRN
Jessica Cave, BSN, CEN
Susan Clough, BSN, CEN
Jaclyn Daugherty, BSN, RN-BC
Carrie Ellen Johns, BSN, CEN
Rachel Ellis, BSN, CPAN
Ashley Elmore, BSN, CCRN
Annie Eshun, BSN, CPN
Laura Frazier, BSN, RNC-OB
Antoinette Hart, BSN, CCRN
Laura Finlayson, ACM-SW
Case Management Certification
Joanne Gacciardo, MS, BSN, RN, NE-BC
New Knowledge, Innovations and Improvements/Education and Mentorship
Rashita Elshur, BSN, CPN
Melissa Wagner, BSN, CPN
Helina Williams, BSN, OCN
Sajjaile Valecruz, BSN, CC RN Registered Nurse 4
Meagan Augugliaro, BSN, CEN
Genevieve Vanvills, BSN, RNC-OB
Bailey Benz, BSN, CMSRN
Jayreen Bobitski, BSN, CEN
Danielle Bowman, BSN, CMSRN
Jessica Cave, BSN, CEN
Rachel Ellis, BSN, CPAN
Karen Hughes, BSN, CC RN
Windy Kana, BSN, CC RN
Dolores Kemp, BSN, CC RN
Jacqueline McDonald, BSN, CC RN, CMC
Hilary McGrath-Rosen, BSN, CMSRN, CMC, PCRN
Raynn Musser, BSN, CC RN
Joshua Sines, BSN, CC RN
Seriki Tesfaye, BSN, CC RN
Melissa Wagner, BSN, CPN
Amber Wilson, BSN, CEN
Sajjaile Valecruz, BSN, CC RN
Professional Organization Activities
Wendy Ayers, RN, BSN, ACM - American Case Management Association - Millman Care Guidelines - Millman Care Guidelines Utilization Review Certification

IMVH Emergency Room
Susan Breisch, MSN, RN, RN-BC, CC RN
Heather Buysse, BSN, RN – OBS
Sewite Esayes, ASN, RN – 4A
Selam Hadege, BSN, RN, CRNP – 5A
Joann Howse, BSN, RN – 5C
Aziza Lwabandji, BSN, RN – 3A
Juliette Mara, MSN, RN – 4B
Sarah Naputi, BSN, RN, CRNP – 5B
Janell Smith, BSN, RN - SDS/Pre-op/PACU/Endo
Natalie Spence-Ackew, BSN, RN – 3B
Justin Sunga, BSN, RN – ED
Cecille Towler, BSN, RN, CRNP – 4A
Jennifer Wall, BSN, RN, CRNP – 3A
Cecille Towler, BSN, RN, CRNP – Lorton
Denise Wilson, BSN, RN – Float
Lineth Zurita, BSN, RN – 6B

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Professional Activities
Wendy Ayers, RN, BSN, ACM - American Case Management Association - Millman Care Guidelines - Millman Care Guidelines Utilization Review Certification

Inova Mount Vernon Hospital Recognition

Nursing Excellence Awards
Roselle Anderson, BSN, RN, CRRN – Transformational Leadership/Advancing and Leading the Profession
Joanne Giacciardo, MS, BSN, RN, NE-BC – New Knowledge, Innovations and Improvements/Education and Mentorship
Meghan Linehan, BSN, RN – Rising Star
Laura McCormack, BSN, RN, CRNP – Volunteerism and Community Service
Hagar Osel, BSN, RN3 – Clinical Management
Mary Teale, BSN, RN4 – Exemplary Professional Practice/Clinical Nursing

Daisy Awards
Michelle Gaines, BSN, RN
John Lawrence, BSN, RN, SCRN
Ed Crowley, BSN, RN-BC

355 Days Without Falls
Unit 3B

Guardian of Excellence Award
IMVH Emergency Room

Get with the Guidelines Action Registry Treatment of Myocardial Infarctions
IMVH Emergency Room

IMVH Nurse of the Year
Denise Wilson, BSN, RN – Float
Improvement to Prevention: A Journey to Becoming a High Reliability Unit Through Zero Harm in Quality and Patient Safety

Gidwani, K., MPH, MSN; Gaines, M., BSN, RN; Reese, C., RCP, MBA, PhD [Poster] Inova Research Symposium, Falls Church, Virginia, November 14, 2017.

There’s No Place Like Home - Discharge Teaching in Acute Rehab is So Much More Than Clicking Your Heels Together Three Times

Davidson, C., BSN, RN; Sarfo, V., BSN, RN; CBIS; Graf, A., BSN, RN; Owusu, J., BSN, RN, CRRN, NE-BC [Evidence Based Practice] Inova Research Symposium, Falls Church, Virginia, November 14, 2017.

New Degrees

Bachelors of Science in Nursing

Ashley Esquilin, BSN, RN
Elizabeth Onyejekwe, BSN, RN
Rebecca Peavy, BSN, RN
Kadiatu Richardson, BSN, RN

Masters of Science in Nursing

Jennifer Wall, MSN, RN
FNP
Alexis Nketiah, MSN, FNP, RN

Scholarships

MSN Scholars

Sherry Gibbemeyer, MSN, RN - Inova Nursing Excellence Scholarship

Certifications

Certified Anticoagulation Care Provider

Margaret Willoughby, BSN, RN3

Certified Brain Injury Specialist (CBIS)

Claire Davidson, BSN, RN
Alex Graf, BSN, RN
Prudence Karangwa, BSN, RN
John Owusu, BSN, RN, NE-BC

Certified Emergency Nurse

Susan Twyman, BSN, RN
Ashley Webber, BSN, RN3

Certified Medical Interpreter

Guninder Garnica, AD, RN, CCMI
Anita Rios Soldevila, BSN, RN, CCMI

Certified Nurse Operating Room

Eunice “Nick” Quebrai, RN, BSN

Certified Rehab Registered Nurse (CRRN)

Shivolynn Bryson, BSN, RN, CCRN
Selam Hadege, BSN, RN, CCRN
Bernadeth Haile, BSN, RN, CCRN
Tarekegn Kassie, BSN, RN, CCRN
Zaid Kebil-Kidane, CCRN
Tigist Mannaye, BSN, RN, CCRN
Sarah Naputi, BSN, RN, CCRN
Samuel Osae, BSN, RN, CRRN
Tracy Scott, BSN, RN, CRNP

Certified Wound Ostomy Nurse

Leslie Woodward, BSN, RN, CWON

Critical Care Registered Nurse

Alexa Gallagher, BSN, RN, CCRN
Stephanie Kendall, BSN, RN, CCRN

Inova Medical Group and Inova VNA Home Health Recognition

Nursing Excellence Awards

Meagen Arthur, BSN – Exemplary Professional Practice/Clinical Nursing – Inova Medical Group
Nancy Loeffler, MHA, BSN, ACM, CCM – Transformational Leadership/Advancing and Leading the Profession – Inova Medical Group

Presentations

No Shoes, You Lose
Goldsmith, M., BSN; Beckett, M.S., MSN, CDE, Inova Research and EBP Symposium, Falls Church, Virginia, November 14, 2017.

New Degrees

PhD

Susan Bennett Smith, PhD, RN, NE-BC – IMG Primary Care

Scholarships

PhD Scholars

Susan Bennett Smith, PhD, RN, NE-BC – Patient Experience Grant Program Series from the Beryl Institute

Certifications

American Case Management Certification
Rachel McLeod, BSN, ACM – Inova Medical Group

Psychiatric and Mental Health Nurse
Sheila Walsh, RN, MS – VNA Home Health
Inova System Office Recognition

Nursing Excellence Awards
Susan Audet, NP - Volunteerism and Community Service – Inova Staffing Solutions
Amanda Costello, AD - Exemplary Professional Practice/Clinical Nursing – Inova Staffing Solutions
Charlie Guy, MSN, RN – New Knowledge, Innovations and Improvements/Education and Mentorship – Epic
Carol Lopez, BSN, RN – Clinical Management – Epic

Finalist Nursing Excellence Informatics Leadership Award – VNF
Carol Lopez, BSN, RN – Epic

Nursing Excellence Award -Informatics Leadership – VNF
Patricia Mook, MSN, RN, NEA-BC, CAHIMS – Epic

Practice Paper of the Year by Taylor and Francis Publishers for Poster Mental Health Wellness and Biofield Therapies: An Integrative Review Published in Issues in Mental Health Nursing Diane Swengros, MSN, RN, BC, CHTP – Inova Learning Network Lucrezia Mangione, MA, NCC, LCPC, CMT, CHTP, CHTI Joel G. Anderson, PhD, CHTP

Publications


Anderson JG, Friesen, M.A., PhD, RN, CHPQ; Swengros, D., MSN, RN, BC, CHTP; Herbst, A., MSN, RN-BC; Mangione, L. (2017).

Examination of the Use of Healing Touch by Registered Nurses in the Acute Care Setting. Journal of Holistic Nursing. 35(1), 97-107.

Friesen, M.A., PhD, RN, CPHQ; Brady, J. M., DNP, RN, CAPA; Milligan J & Christensen, P. (2017). Findings from a Pilot Study: Bringing Evidence-Based Practice to the Bedside: World Views on Evidence-Based Nursing. 14(1), 22-34.

Therapies: An Integrative Review Published in Issues in Mental Health Nursing

All in One Day; Saving a Life Due to Simulation

An Exploration of Portal Activation by Patients in a Healthcare System Mook, P., MSN, RN, NEA-BC, CAHIMS; Trickey, A.W., PhD, MS, CPH1; Krakowski, K. E., MSN, RN, CAHIMS; CENP; Majors, S., MSN, RN, OCN, CAHIMS t; Friesen, M. A., PhD, RN, CPHQ; Fant, C., PhD, RN-BC2; Theiss, M.A., PhD, RN-ONE, CMCN, JD2; [Poster] 13th Annual Spring into Research Conference. Reston, VA; May 19, 2017.

Don’t Wait Until the LAST Minute to Prepare for Local Anesthetic Toxicity
Jones E, MSN, RN, CCRN, AORN [Podium] Shenandoah University Eleanor Wade Custer School of Nursing Research Conference. Winchester, Virginia, December 1, 2017.

Implementation and Sustainment of a Nursing Evidence-Based Practice Fellows Program
Friesen, M.A., PhD, RN, CPHQ; Brodtuehrer, P., RN-BC, CENP; Milligan, R., PhD, RN, FAAN; Stanger, D., MSN, RN, NE-BC, NEA-BC; Collins, F., MSN, RN, CCRN-K; Gucchiardo, J., MS, BSN, RN-BC, NE-BC Borelsky, D., DNP, MBA, BSN, RN, NEBC; Makar, E., DNP, RN-BC, CCM, CPHIMPS, CENP; Byrns, M., MS, MLS [Poster] VNA 2017 Nurse Staffing Summit. Hot Springs, VA; November 3-4, 2017.

Knock, Knock...Can I Camera In: Why TeleICU Matters

Local Anesthesia Toxicity: A Potential for Cardiac Arrest
Jones E, MSN, RN, CCRN, AORN Exhibit Hall Simulation Writer, Presenter and Facilitator (National Conference), Boston, Massachusetts, April 1-5, 2017.

Nurse Resilience: Leading Disaster Response

Healing Touch: Implications for Nursing Practice
Davis TM, PhD, RN, NE-BC, CHTP, [Podium] Shenandoah University Eleanor Wade Custer School of Nursing Research Conference. Winchester, Virginia, December 1, 2017.

Evidence-Based Nursing. 14(1), 22-34.

Friday Night Simulation Writers, Presenter and Facilitator (National Conference), Boston, Massachusetts, April 1-5, 2017.

Inova Annual Report 2017

Volume 39, Number 4

November 14, 2017.
Sepsis: Saving Lives Through Collaboration
Davis TM, PhD, RN, NE-BC, CHTP,
Davis TM, PhD, RN, NE-BC, CHTP; Corkins, M., RN; Reynolds, D., RN; Holt, A., MD, MBA; Golina, A., MSN, RN-BC, CCRN, CCNS; Lawrence, J., RN.
[Poster] Inova Nursing Research and EBP Symposium, Falls Church, Virginia, November 14, 2017.

Teaching the Teachers: A Two-day Simulation Focused TeamSTEPPS Master Training Program for an Interprofessional Team of Hospital Leaders

TeamSTEPPS®: Integrating Teamwork into Medical Education

TeleICU Sustainability: Leadership Fundamentals
Davis TM, PhD, RN, NE-BC, CHTP,

Zapping Sepsis

New Degrees
Masters of Science in Nursing
Sharon Kekoler, RN, MSN – Employee Health

Scholarships
BSN Scholars
Erina DeLeon, RN-BC – Inova Nursing Excellence Scholarship
Regina Armstrong, RN, OCN – Inova Nursing Excellence Scholarship

MSN Scholars
Desiree Rand, BSN, RN – Inova Nursing Excellence Scholarship

DNP Scholars
Kenya Jenkins, MSN, RN – Inova Nursing Excellence Scholarship

Certifications
American Case Management Certification
Elaine Moberley, ACM-RN

Nurse Professional Development
Allison Eustace, MSN, ACNS-BC

Certified Executive in Nursing Practice
Patricia S. Brodthuehrer, MSN, RN-BS, CENP

Professional Organization Activities
Mary Ann Friesen, MA, PhD, RN, CPHQ
Healing Beyond Borders Research Committee
Emily Jones, MSN, RN, CNOR – AORN Simulation Task Force Chairperson
Emily Jones, MSN, RN, CNOR – AORN Periop 101 Advisory Board Member

Masters in Nursing
Sharon Kekoler, RN, MSN

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