

Adult Ambulatory Services Integrated Behavioral Health

Status:

Integrated Behavioral Health Services is utilizing a virtual platform to provide therapy services to new patients and existing patients. Our number one concern is the continued support of our patients during these complicated and stressful times, therefore, our program will continue accepting referrals for new patients from Physicians.

Referral Process:

During your appointment with your Physician, he/she will briefly assess your mental health needs and may suggest engagement in short-term therapy with a Licensed Mental Health provider on our team. If you're interested in these services a referral will be placed to our team. You may schedule immediately with the front desk staff at Primary Care, or we will reach out to you and offer an appointment.

Treatment:

All appointments will be conducted virtually using a video platform. We are available to assist you with utilizing this technology. Your therapist will work with you to develop treatment goals to work on during the course of your short-term therapy.

Discharge:

We will complete discharge planning with you. We will connect you with on-going counseling if together we determine this is in your best interest.