Inova Medical Group
HEALTH HISTORY

Personal Information Date:_____

Patient Name: _____ Birth Date: _____/_____/_____ Age: ____

Occupation _____ Marital Status: _____ Name of Partner/Spouse: _____

Race: ☐ Asian ☐ Black or African American ☐ Native American ☐ White / Caucasian

☐ Other: _____

Ethnicity: Do you identify with an Ethnic origin? If yes, please note: _____

Number of children: _____ Children's Names/Ages: _____

Names/Specialties/Locations of Other Physicians Caring for You, including previous primary care doctor:_____

_____

_____

Medical Information

Please list any **MEDICATIONS** you are currently taking, prescribed or over the counter (use the back of the page if needed and indicate so):

Medication	Dosage	Route	Frequency

Any **Allergies** to Medication or Food (list reactions): _____

Preferred **Pharmacy**: _____

Date of Last Complete Physical Exam: _____ Date of Last Blood Work: _____

Date of Last Colonoscopy: _____ Date of Last Tetanus Shot: _____

For Females: Date of Last Menstrual Period: _____ Date of Last Pap Smear: _____

History of Abnormal Pap (list date/s)? _____ Date of Last: Mammogram: _____ DEXA: _____

Number of Pregnancies: _____ Miscarriages: _____ Terminations: _____ Living Children: _____

Method/s of Contraception: _____

INOVA MEDICAL GROUP

If **YOU** or a **FAMILY MEMBER** has had any of the following, please circle and indicate which family member when applicable:

ADD/ADHD		Type 1 or 2 Diabetes		Respiratory Disease	
Anemia		Fractures		Skin Disease	
Allergies/Hay Fever		Gynecological Disease		Stomach/Colon Disease	
Asthma		High Blood Pressure		Stroke	
Arthritis		High Cholesterol		Seizure Disorder	
Anxiety/Depression		Heart Attack		Thyroid Disorder	
Alcoholism		Kidney Disease		Sexually Transmitted Disease	
Blood Clots		Liver Disease		Other:	
Cancer, Type/s		Neurological Disease		_____	
_____		Osteopenia/Osteoporosis			
		_____			

Please list any **SURGERIES** you have had and include the month/year:

_____

_____

_____

_____

Social Information

Tobacco Use: Do you smoke? _____ If so, how many cigarettes/cigars per day: _____ No. of years smoking: _____ Do you chew tobacco? _____ Have you thought about quitting? _____ Have you quit before? ____ How long?____

Alcohol Use: Do you drink alcohol? ____ If so, what type? _____ How many in 1 week? _____

Drug Use: Any history of illegal drug use? _____ If so, what type/s? _____ When? _____

Do you **exercise**? _____ What activities do you do, and how often in 1 week?_____

_____

Are you on any special **diet**? _____ If so, what? _____

Do you consume any **caffeinated** products? _____ If so, what and how much per day? _____

Have you recently noticed an increase in sadness or gloominess? _____

Have you lost interest in enjoyable activities? _____

Do you have a living will? _____ If yes, please provide us a copy.